

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
Lakeland Trails 2018 10K Series Results : Women												
1.	Mellor, Jane	U/A Bridge of Weir,		880	908	928	967	923	939	929	938	7412
2.	Grisedale, Jo	Team inov-8.com		831	883	894	947	892	914	745	812	6918
3.	Johnston, Vicky	St Bees Triers		733	801	735	920	800	849	741	837	6416
4.	Burnett, Sarah	U/A Kendal, Cumbria		861	904	919	959	853	922	917		6335
5.	Turner, Jean	Telford Harriers		867	889	901		915	924	864	815	6175
6.	Mossop, Carol	Dumfries Running Club		594	695	704	888	773	829	769	714	5966
7.	Winter, Louise	Keswick AC		984	957		986		969	978	981	5855
8.	Paton, Julie	U/A Preston, Lancashire		739	794	796		805	880	896	882	5792
9.	Mellor, Kate	U/A Wetherby, West Yorkshire		978	877	986	963	979		983		5766
10.	Navin, Wendy	Cumberland AC		777	828	785		788	850	747	862	5637
11.	Booth, Jessica	U/A Salford, Greater Manchester			860	890	966	945	958	989		5608
12.	Lee, Lois	SDC		970	913		990	976		993	645	5487
13.	Summers, Sara	U/A Preston,		718	747	701		762	814	836	755	5333
14.	Williams, Claire	Eryri Harriers		768	851	896	962	916	938			5331
15.	Miller, Allyson	U/A Chorley, Lancashire		489	570	636	861	695	746	720	599	5316
16.	Morley, Lizzie	U/A Ambleside, Cumbria		561	689	710		731	820	773	746	5030
17.	Summers, Rachel	U/A Preston,		744	810	797		829	884		876	4940
18.	johnson, karen	U/A Ulverston,		924	941	944		956	971			4736
19.	Dodd, Sarah	U/A Barrow In Furness, Cumbria			677	771		797	860	820	761	4686
20.	Edwards, Kerry	U/A Cupar, Fife			657	747		778	842	841	773	4638
21.	Phillips, Louisa	U/A Manchester, Greater Manchester			865	916		929	951		903	4564
22.	Parry, Susanne	U/A Carlisle,		979	849	875		884		905		4492
23.	Collier, Debbie	Thornton Cleveleys Running Club			834	874	951	912		903		4474
24.	Irving, Beth	U/A Carlisle,				783		832	994	861	905	4375
25.	Brownsmith, Rachel	U/A Lancaster,		650	736	730		712	803		688	4319
26.	Braddon, Karen	Crocwalkers		462	545	613		641	728	701	600	4290
27.	Bonham, Jo	U/A Barrow in Furness, Cumbria		721	780	821			891	908		4121
28.	Gasior, Rachel	Keighley and Craven Athletic Club				801		815	846	832	818	4112
29.	Brown, Tracy	Sedgefield Harriers		749	814	859		786		846		4054
30.	Sullivan, Torrie	U/A Brampton, Cumbria		550	594	687			754	730	633	3948
31.	Hopkins, Sarah	U/A Preston, Lancs		693	691	749				961	744	3838
32.	Haigh, Jo	U/A Skipton, North Yorkshire		940	949	962		971				3822

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33.	Ball, Nicky	U/A Bolton , Lancashire		734	773	751			779		719	3756
34.	grimes, jeanette	U/A prescot, merseyside		732	701	695		776	816			3720
35.	Horne, Gill	Biddulph Running Club		642		765		719		800	787	3713
36.	Elliott, Kate	U/A Manchester,		611	676	738				829	799	3653
37.	Silcock, Amy	U/A Frodsham,		977				886		880	863	3606
38.	Bale, Liz	U/A Penrith,						872	862	870	924	3528
39.	Stavert, Rachel	U/A Penrith, Cumbria		956				764	825	964		3509
40.	Gray, Julie	n/a		850	869	885					823	3427
41.	slater, bridget	U/A Skipton, N Yorks		806	832	873		882				3393
42.	Jones, Kate	U/A Eccles,		595	633	676		699	772			3375
43.	Schofield, Belinda	U/A Manchester,		752	841			848	921			3362
44.	Lewis, Natalie	Fellside Ladies		900		924				936	601	3361
45.	Krynen, Hilde	U/A Kendal, Cumbria						837	890	814	811	3352
46.	Oxley, Tara	Stockton Striders			846	845			871		740	3302
47.	Frank, Jackie	U/A Redcar,			836	830		785		844		3295
48.	Sharp, Susan	U/A Wakefield, west Yorkshire						825	852	798	808	3283
49.	Wearing, Catherine	U/A Lancaster,			567	627		683	748		646	3271
50.	White, Angela	CFR			805	779		791	887			3262
51.	Thornycroft, Deborah	U/A Stoke on Trent, Staffs			720	767	919			799		3205
52.	Foster, Jenny	U/A Manchester,		753	795	846					765	3159
53.	Roblin, Aimee	U/A Richmond, North Yorkshire		707		787				847	777	3118
54.	Sandell, Sarah	U/A Richmond, North Yorkshire		708		786				848	776	3118
55.	Jones, Eileen	Clayton le Moors Harriers			740	750		767	799			3056
56.	McCarron, Natalie	U/A		989			998	991				2978
57.	cuthbert, catherine	wallasey ac		658	702	748			854			2962
58.	Higson, Catherine	U/A Keswick		656	761	753		781				2951
59.	Spiby, Alison	U/A Windermere, Cumbria		657	671	714	898					2940
60.	Radcliffe, Tricia	St Bees Triers		704		680		753		784		2921
61.	Daly, Allison	Helm Hill		965	962	966						2893
62.	Bonner, Clair	U/A Keighley, West Yorkshire		589	647		877			727		2840
63.	Lapping, Jennifer	Jog on the Tyne		916						956	965	2837
64.	Gray Carnaffin, Julia	Jog on the Tyne		915						951	961	2827
65.	Bolton, Lisa	Red rose road runners			901	938		936				2775

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66.	Eversfield, Catherine	Ilkley Harriers						888		933	950	2771
67.	Slaney, Jane	U/A Blackpool, Lancashire						684	741	725	616	2766
68.	Wilson, Abby	U/A Chester,			619			724		739	649	2731
69.	Jackson, Elizabeth	U/A Tunstall, East Riding of Yorkshire			585	655		717	768			2725
70.	Beresford, Amanda	Roundhay Runners						649	729	721	612	2711
71.	Islam, Elizabeth	U/A Sabden,		520	588	653				949		2710
72.	Turnbull, Kate	U/A Kendal ,		882	900					923		2705
73.	Mulcrone, Jane	Penny Lane Striders		572	650	706			773			2701
74.	Bridges, Zoe	U/A Sudbury, Suffolk			872					898	925	2695
75.	Rickards Collinson, Edwina	U/A CARNFORTH,						650	730	700	611	2691
76.	Counce, Andrea	Preston tri		962		959		759				2680
77.	Pryor, Gillian	Thornton Cleveleys Running Club		887						889	869	2645
78.	Shaw, Gerry	Warrington Running Club						906		925	801	2632
79.	McLachlan, Ellen	BWFAC				840		854	916			2610
80.	Bale, Katie	U/A Penrith, Cumbria						871	861	867		2599
81.	Lewis, Anne	Independent		948			889	729				2566
82.	Hindle, Gill	Jog on the Tyne		799						862	892	2553
83.	Williams, Sara Lloyd	U/A Carlisle, Cumbria			561			651	732		608	2552
84.	Lockett, Sarah	U/A Frodsham , Cheshire		785						874	890	2549
85.	Spratt, Shirley	U/A Congleton, Cheshire				839				873	827	2539
86.	Addy, Louise	U/A Kendal, Cumbria		838	843	853						2534
87.	Ward, Rose	Smiley Paces			768					878	878	2524
88.	Casey, Mon	U/A Manchester , Greater Manchester		927		934		658				2519
89.	Johnson, Hilary	U/A London,				742				888	866	2496
90.	Madarasan, Petra	Jogging Pals				791		816	872			2479
91.	Horne, Fran	U/A Grange over Sands,		796	812	861						2469
92.	Trippitt, Angie	Kendal Tri Club		798	840	819						2457
93.	Jones, Angela	U/A Kendal, Cumbria		804	827	823						2454
94.	Keating, Sharon	U/A Lancaster , Lancashire				768		810			859	2437
95.	Lambert, Sally	U/A Ambleside, Cumbria		740	850	834						2424
96.	Ashton, Clare	U/A Warrington, Cheshire			820	824		775				2419
97.	Crate, Beverley	U/A Bedlington , Northumberland							851	822	737	2410
98.	Green, Karen	U/A Neston, Cheshire		717		766	923					2406

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99.	McAninly, Abigail	Durham		747	803	841						2391
100.	Crellin, Rebecca	U/A Frizington, Cumbria		674	744					967		2385
101.	Cash, Sue	Wirral Vikings TRC		754						872	758	2384
102.	Thomson, Kate							929	731	707		2367
103.	Aplin, Shelley	U/A Kendal, Cumbria		815	685	837						2337
104.	Rollason, Kate	U/A Skipton, North Yorkshire		680	760	884						2324
105.	Haggerty, Catherine	U/A St Helens, Merseyside			716	795		802				2313
106.	Pye, Alison	U/A Kendal, Cumbria		727	770					802		2299
107.	Williams, Deborah	Jog on the Tyne		729						806	762	2297
108.	Earley, Alex	Lakeland Orienteering		955	648	686						2289
109.	Betley, Catherine	N/A						700	801	778		2279
110.	Taylor, Jane	Women on the Run - Preston		769	709	790						2268
111.	Ashton, Rachel	U/A Nottingham ,			683					782	767	2232
112.	Cattermole, Emma	Women on the Run		654		723		833				2210
113.	Hanson, Laura	U/A NEWCASTLE UPON TYNE, Tyne and Wear			713	763		727				2203
114.	Hawthorne, Hayley	Ackworth Road Runners				929		660			613	2202
115.	Simmons, Nicola	Wirral vikings TRC		824						737	638	2199
116.	Kitchen, Zoe	U/A morecambe,		659	752	755						2166
117.	Martin, Heidi	St.Bees Triers				685				780	695	2160
118.	Dodd, Bev	U/A Lancaster		486		931			740			2157
119.	Johnson, Sue	U/A Penrith			634			756		746		2136
120.	Leader, Jill	U/A Kendal , Cumbria		687	722	716						2125
121.	Whitehead, Lisa	Swinton		488				914	722			2124
122.	Croft, Rachael	U/A Didsbury, Manchester		661	696					765		2122
123.	Stirling, Hannah	U/A Wilmslow,			666	675		772				2113
124.	FENNA, JOANNE	U/A ORMSKIRK, LANCASHIRE			600				760	735		2095
125.	Jackson, Elizabeth	U/A Tunstall, East Riding of Yorkshire			688	693		703				2084
126.	Gamberini, Ellena	Rocktart Runners				671		744			667	2082
127.	Mather, Lisa	U/A Stockport, Cheshire		651						740	691	2082
128.	Myatt, Ann	Cheadle			572	641	866					2079
129.	Roberts, Rose	261 Fearless				648		745			677	2070
130.	Thompson, Liane	U/A Barrow-in-Furness, Cumbria			646					728	656	2030
131.	Houlihan, Emma	U/A Windermere, Cumbria		638	673	715						2026

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Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
132.	Moore, Tira	U/A Durham, Durham		888	535	601						2024
133.	Shaw, Nadia	U/A		994			996					1990
134.	Dowthwaite, Cassandra	Smiley Paces			563					732	648	1943
135.	henderson, margaret	U/A warton, lancs			973	967						1940
136.	Lowe, Bethan	U/A Manchester,		945	981							1926
137.	Stockton, Niki	U/A Manchester		513				668	743			1924
138.	Casson, Jennifer	U/A Lancaster ,					976	931				1907
139.	Mason, Charlotte	U/A Kendal, Cumbria		985					917			1902
140.	Smith, Felicity	Elswick		922					975			1897
141.	Trace, Katie	Biddulph Running Club								952	939	1891
142.	France, Katherine	U/A Kendal, Cumbria			934			952				1886
143.	Smith, Sue	U/A Morecambe, Lancs		480	552		851					1883
144.	Heys, Stephanie	U/A Wigan, Greater Manchester							929		944	1873
145.	Eggett, Alyson	U/A Seaton Sluice, Northumberland				984				884		1868
146.	McAuley, Fiona	U/A Manchester, Greater Manchester		628	573	665						1866
147.	Shaw, Stephanie	None		929				937				1866
148.	Aspinall, Linda	U/A Carlisle, Cumbria			910			944				1854
149.	Bluck, Elena	Tynedale Harriers			903			946				1849
150.	Westerman, Cheryl	U/A Keswick, Cumbria				920		927				1847
151.	Johnstone, Alecia	Red rose road runners							911	927		1838
152.	Butler, Molly	U/A Ely, Cambridgeshire							986	848		1834
153.	Appleby, Kathy	U/A Lancaster, Lancashire						917			915	1832
154.	Hannam, Jude	YacYak							988	843		1831
155.	Higgins, Donna	U/A Wigan , Lancashire		560	555				716			1831
156.	Taylor, Helen	Holcombe Harriers			879				948			1827
157.	Borking, Helen	Women on the Run		516		632		664				1812
158.	Fildes, Christine	Nics Nordic Walks			547	615		648				1810
159.	farquhar, linda	st bees triers		491		629		688				1808
160.	Docherty, Antonia	Jarrow and Hebburn AC							907	900		1807
161.	Brookes, Sara	U/A Preston, Lancashire							887	906		1793
162.	Gorman, Margaret	U/A			890	899						1789
163.	Weal, Alison	U/A Chipperfield, Hertfordshire		879		908						1787
164.	McKay, Kat	U/A Glasgow,							868	919		1787

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165.	Purser, Beth	Yac yak								979	806	1785
166.	Wood, Carole	U/A Kendal, Cumbria		530	598	654						1782
167.	Minshull, Heather	U/A Bolton,		518	607	656						1781
168.	Pattison, Lisa	Stockton Striders AC		830			938					1768
169.	Gittins, Katrina	YacYak								978	789	1767
170.	Nolan, Anna	Ilkley Harriers		870	897							1767
171.	Chapman, Claire	Quakers					936	822				1758
172.	Johnson, Helen	Wirral Vikings								964	794	1758
173.	Richardson, Susan	St Bees Triers								856	895	1751
174.	Marechal, Christina	U/A Manchester, Lancashire			862			885				1747
175.	Hufton, Emily	U/A longridge, lincs								766	970	1736
176.	Sutton, Viki	U/A Lancaster,				872		863				1735
177.	Dove, Sarah	U/A Blackburn, Lancashire			821	900						1721
178.	Hart, Michelle	U/A Stockton on tees, Cleveland		783			937					1720
179.	Parker, Maureen	Tynedale Harriers						880		831		1711
180.	Perkins, Sam	U/A Hexham,								879	829	1708
181.	Millard, Rachel	U/A Worsley, Manchester						811	892			1703
182.	Habsudova, Lenka	U/A Manchester, Lancashire		503	576	621						1700
183.	Gibson, Elizabeth	U/A Kendal , Cumbria				794			903			1697
184.	Wade, Abby	U/A Kendal, Cumbria				793			902			1695
185.	Whiteley, Lisa	LWhiteley-Personal Training		816	874							1690
186.	Barton, Catherine	U/A Carnforth ,					893	794				1687
187.	Howkins, Lucy	U/A Wellingborough, Northants		929						756		1685
188.	Davies, Christina	U/A Bishop Auckland, Durham		926					756			1682
189.	Barrett, Elizabeth	U/A Frodsham,				950				717		1667
190.	hindle, elaine	U/A Liverpool,				825		842				1667
191.	Dinsdale, Nicola	Ribble valley Tri Club				775			881			1656
192.	Walsh, Natasha	COLT			833	820						1653
193.	Meynell, Louise	Billingham Marsh House Harriers			819	832						1651
194.	Nicholls, Emma	U/A Millom, Cumbria		471	554	622						1647
195.	Evans, Lorna	U/A Preston, Lancashire		791		854						1645
196.	Holmes, Janet	St Helens Sutton AC								957	686	1643
197.	Rickards-Collinson, Edwina	Crocwalkers		476	548	619						1643

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198.	Barton, Sally	Hoad Hill Harriers		820	817							1637
199.	Murray, Louise	Unnattached						913	721			1634
200.	Daniels, Louise	Prestwich AC							847	787		1634
201.	Seigler, Jackie	U/A London,								807	825	1632
202.	Finn, Janet	U/A Bolton,					838			790		1628
203.	Horton, Helen	U/A Otley ,		788	835							1623
204.	Dixon, Jo	U/A Keswick , Cumbria						814			809	1623
205.	McNicholl, Fritha	U/A Morpeth, Northumberland			643	967						1610
206.	Edgar, Sal	U/A Ormskirk,			800				810			1610
207.	Ferreira, Sarah	U/A Ormskirk,			799				811			1610
208.	Brookfield, Hannah	U/A Aughton, Lancashire						761	841			1602
209.	Oldcorn, Karen	U/A Wantage, Oxon								954	647	1601
210.	Ayaz, Jo	U/A Heswall, Wirral		719			878					1597
211.	Dixon, Margaret	U/A Redcar,		728					869			1597
212.	Tejera, Rachel	U/A Merstham, Surrey								850	747	1597
213.	Swann, Nicola	U/A Leeds, West Yorkshire		784						810		1594
214.	Hanley, vicki	Nordic walking Preston		451	537	605						1593
215.	Tomlinson, Jackie	U/A Bolton ,				684	904					1588
216.	Jones, Debra	Jogging Pals						766	821			1587
217.	Ridings, Susan	Clwydian Range Runners			763				824			1587
218.	O'Brien, Fiona	Jog on the Tyne								827	760	1587
219.	Bristo, Gail	Red Rose Road Runners			739				843			1582
220.	Lumley, Gemma	U/A York, North Yorkshire						789		789		1578
221.	Williams, Irene	U/A Coventry, West Midlands		668			905					1573
222.	Knowles, Claire	Jog on the Tyne								808	763	1571
223.	Parkes, Caron	U/A Kendal, Cumbria						751	819			1570
224.	Sunderland, Samantha									859	699	1558
225.	Ward, Hazel	Jog on the Tyne		722						834		1556
226.	Gunn, Carol	St Bees Triers								853	694	1547
227.	Goldrick, Sue	U/A Manchester,							744	797		1541
228.	Nevin, Gill	Crosby Stormers				728		799				1527
229.	Dewhurst, Victoria	U/A Bolton, Lancs					810	714				1524
230.	beattie, mhairi	langholm primary		751	769							1520

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231.	Hodgson, Susie	U/A Ambleside, Cumbria			759	760						1519
232.	Shaw, Hilary	U/A gateshead, Tyne & Wear							805		707	1512
233.	Gemson, Fiona	U/A Lancaster, Lancashire			617		895					1512
234.	Keegan, Alex	U/A Carlisle,			791						720	1511
235.	Majtanova, Nikky	U/A Lostock Hall, Lancashire		724	777							1501
236.	watt, nicola	U/A hexham,		736	764							1500
237.	Bamber, Liz	Lancaster Women's Running Club			710	789						1499
238.	Swift, Hannah	N/A						708	788			1496
239.	Greenhalgh, Helen	Red Rose Road Runners					836				658	1494
240.	Hamilton, Sian	Washlands Women Runners								723	769	1492
241.	thomas, julie	hampstead health park run								786	706	1492
242.	Amos, Joanna	U/A Stanley, County Durham				672			818			1490
243.	Jones, Angela	St Helens Striders		653					832			1485
244.	Bennett, Clare	unattached			615		869					1484
245.	Jimenez, Lola	U/A Southport, Merseyside						713	763			1476
246.	Bannister, Sharna	U/A Preston, Lancashire		616				855				1471
247.	Tinsley, Alana	U/A Preston, Lancashire		681	787							1468
248.	Weston, Jacqui	Ilkley Harriers		671	793							1464
249.	Robson, Jo-Anna	U/A Formby,				725		735				1460
250.	Fawkes, Fiona									761	698	1459
251.	Noon, Caroline	U/A London,								748	711	1459
252.	Brocklehurst, Tracey	U/A Wigan, Lancashire								768	689	1457
253.	Ghosh, Helene	U/A Gomersal,		514		942						1456
254.	McGreen, Jane	n/a							742	712		1454
255.	Stafford, Jessica	U/A Preston, Lancashire								779	672	1451
256.	Oram, Sarah	Chorlton Runners		577			872					1449
257.	Waszkiel, Melanie	U/A Heversham,		691		758						1449
258.	Peacock, Bridget	U/A London,								763	676	1439
259.	Mabbutt, Jenny	U/A Accrington , Lancashire			711	727						1438
260.	Birch, Deborah	U/A Lancaster,			655			780				1435
261.	Adlard, Angela	Wirral Vikings TRC								767	664	1431
262.	Sharples, Naomi	None			694	731						1425
263.	Moor, Tracy	Loftus and Whitby athletics								754	671	1425

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
264.	Cummings, Deborah	U/A St. Helens, Merseyside			641	780						1421
265.	Kirkham, Brenda	U/A Bury, Greater Manchester								743	674	1417
266.	Machin, Claire									762	655	1417
267.	Moorhouse, Heather	Women on the Run-Kendal		665	751							1416
268.	Jackson, Gill	Jog on the Tyne		601						813		1414
269.	Walsh, Josephine	Red Rose Road Runners					802				610	1412
270.	Gromova, Marina	U/A London,								729	681	1410
271.	Evans, Kate	U/A Kendal, Cumbria		743	665							1408
272.	Donohue, Helen	U/A Wigan, Lancs		686	706							1392
273.	Hodgson, Sorcha	U/A Burnside, Cumbria				708					682	1390
274.	Byrne, Paula	U/A Arnside, Cumbria				707					680	1387
275.	Kay, Nicola	Horwich RMI Harriers		641				738				1379
276.	Bailey, Miriam	Trawden Athletic		527			849					1376
277.	Avison, Joanne	Wirral Vikings TRC								738	636	1374
278.	Franklin, Sylvia	Washlands women runners								722	644	1366
279.	TICKNER, Rachel	U/A Cockermouth, Cumbria						715			643	1358
280.	Mounsey, Elizabeth	U/A Preston , Lancashire			589				762			1351
281.	Airey, Sarah	U/A Kendal,		618		726						1344
282.	Hodges, Alison	Blackhill Bounders			660	682						1342
283.	Lane, Ellie	U/A Manchester , Lancashire				647		692				1339
284.	Gamberini, Lorna	Rocktart Runners				670					669	1339
285.	Twist, Julia	U/A Kendal , Cumbria		633		699						1332
286.	Sanders, Wendy	U/A Glossop Derbyshire				639		687				1326
287.	Graves, Nicky	Batala Drummers		632		694						1326
288.	WILSON, Lynn	U/A New Milton, Hants								706	615	1321
289.	guttridge, marie	U/A Liverpool, Merseyside		600							712	1312
290.	Ewing, Alison	Warrington Running Club			629	683						1312
291.	Murray, Theresa	U/A Crook, Cumbria		598		713						1311
292.	Fairless-Aitken, Suzanne	Jog on the Tyne								702	598	1300
293.	Lawson, Sophie	U/A Melrose,		563				734				1297
294.	Ward, Beverley	U/A Stocksfield, Tyne & Wear			639	657						1296
295.	Dawson, Marie	U/A Peel,		519						774		1293
296.	Owen, Katherine	None			632	651						1283

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
297.	Wilson-Lagan, Elizabeth	Crosby Stormers		629	651							1280
298.	Davidson, Lesley	Horwich RMI Harriers		525					750			1275
299.	Morgan-Hillam, Leanne	Wigan and District Harriers			556					714		1270
300.	Barrett, Jenni	U/A Ribchester, Lancashire		544				721				1265
301.	Strother, Susan	U/A Lytham St Annes, Lancashire						656			605	1261
302.	Davies, Vanessa	U/A Formby, Merseyside			602			654				1256
303.	Whiteley, Carole	U/A Kendal, Cumbria			571			669				1240
304.	Atkins, Kathryn	U/A Leeds, West Yorkshire			597	640						1237
305.	green, angela	U/A penrith, cumbria		568	662							1230
306.	Graves, Cressida	U/A Lancaster, Lancashire		573		644						1217
307.	cowdell, Sarah	U/A Huddersfield, west yorks		580	627							1207
308.	Mawson, Briony	U/A Tadcaster, North Yorkshire		581	626							1207
309.	Molloy, Anne	U/A Halifax, West Yorkshire		582	625							1207
310.	Wilson, Alison	U/A Summerbridge,		614	586							1200
311.	Jones, Heidi	U/A Carnforth, Lancashire		578	610							1188
312.	Paxton, Lisa	Women on the Run		515				663				1178
313.	Roberts, Catherine	U/A Settle, N Yorkshire		547		623						1170
314.	Shepherd, Nicky	U/A Blackpool, LANCASHIRE		528		638						1166
315.	Lamb, Kathryn	U/A Carnforth , Lancashire		552	609							1161
316.	Williams, Laura	U/A Harrogate,		566	590							1156
317.	Gutteridge, Fiona	Red Rose Road Runners		505		643						1148
318.	Rigby, Sue	Wesham Road Runners		498				636				1134
319.	Gray, Jaclyn	U/A Workington , Cumbria		459				667				1126
320.	Davies, Amy	U/A Settle, North Yorkshire		504	587							1091
321.	Carr, Dot	U/A harrogate, yorkshire		467		609						1076
322.	Campbell, Carol	U/A Grange over Sands, Cumbria		469	549							1018
323.	Finn, Gillian	Nordic Walking Preston		468	546							1014
324.	Sewell, Victoria	Knavesmire Harriers		999								999
325.	Slater, Catherine	Preston Harriers		998								998
326.	Conway, Annie	None						998				998
327.	Harbison, Josephine	U/A Carnforth,					996					996
328.	Crank, Helen	U/A Ulverston, Cumbria		454	538							992
329.	Stoney, Jo	U/A Ulverston, Cumbria		453	539							992

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
330.	McGuire, Melissa	U/A Morecambe, Lancashire					992					992
331.	Macfarlane, Kate	Penny Lane Striders									992	992
332.	Fanthorpe-Smith, Sarah	Goyt Valley Striders					989					989
333.	Cooper, Emma	U/A Leeds,								988		988
334.	Burns, Vickie	U/A Kendal,					987					987
335.	Hoogkamer, Anna	Team inov-8			987							987
336.	Smith, Helen	U/A Market Rasen, Lincolnshire					986					986
337.	Lomas, Christine	Nordic Walking Preston		450	534							984
338.	Jeffries, Ella	GoodGym					984					984
339.	Toppin, Suzanne	Team Mountain Fuel									983	983
340.	Pickles, Helen	U/A Southport, West Lancashire					981					981
341.	Davis, Lydia	Newquay Roadrunners						980				980
342.	Cocker, Jessica	Cambridge and Coleridge AC			980							980
343.	Cowan, Jess	Goodgym					979					979
344.	Hunt, Sophie	U/A Wirral,		977								977
345.	Thomas, Jane	Sale Harriers				976						976
346.	Logie, Charlotte	South Cheshire Harriers					976					976
347.	Smith, Caroline	U/A Warrington,					974					974
348.	Hatch, Jennifer	U/A Manchester,						974				974
349.	Wiggans, Olivia	Red Rose Road Runners								973		973
350.	Oxlade, Claire						973					973
351.	Brewster, Siobonne	U/A Carlisle, Cumbria						972				972
352.	Gillie, Susan	U/A Sheffield, S Yorks					968					968
353.	Askew, Lorna	Helm Hill					967					967
354.	Paprzycka-Casson, Monika	U/A Uppermill, Oldham, Greater Manchester							967			967
355.	Marsh, Catherine	U/A Goonhavern, Cornwall									966	966
356.	Foley, Charlotte	U/A East Boldon, Tyne and Wear							965			965
357.	Pritchard, Susan	U/A Manchester,					964					964
358.	Davies, Angela	Team inov-8.com		963								963
359.	Tickle, Michelle	Blackpool Wyre & Fylde AC						963				963
360.	Houghton, Eleanor	U/A Liverpool,									963	963
361.	Burton, Jacqueline	U/A Kendal, Cumbria				961						961
362.	Philp, Michele	U/A Wylam, Northumberland								961		961

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
363.	Maguire, Kylie	St Helens Striders				960						960
364.	MacFarlane, Anne	Dumfries RC						960				960
365.	DU TERTRE, KIRSTIN	U/A SURREY,					959					959
366.	Dodds, Natalie	Hoad Hill Harriers							959			959
367.	Clennet, Catherine	Stockton Striders					958					958
368.	Hale, Sally	U/A Arnold, Nottingham									956	956
369.	Platten, Shaneen	U/A Hull, East Yorkshire					956					956
370.	Wicks, Lilli	U/A Sheffield, South Yorkshire					956					956
371.	nuttall, nicola	U/A bury, lancashire					955					955
372.	Dobson, Rebecca					954						954
373.	Waite, Sarah	Rothwell Harriers					954					954
374.	Loughran, Beth	U/A Kendal,							954			954
375.	tuffen, fay	U/A troutbeck bridge, cumbria			954							954
376.	Pettit, Kirsty	Keighley and craven						953				953
377.	Muggleton, Julie	U/A Derby, Derbyshire					953					953
378.	Graham, Zoe	Dumfries Running Club		952								952
379.	Higginson, Catherine	U/A Banksia, NSW					952					952
380.	Lambert, Hannah	Holcombe Harriers						951				951
381.	Booth, Lauren	Bury AC			951							951
382.	Simmons, Sarah	N/A					950					950
383.	Barrett-Walsh, Deborah	U/A Beckermest , Cumbria		949								949
384.	Maltby, Sarah	Red Rose Road Runners					949					949
385.	Hall, Sarah	U/A					948					948
386.	Pawelczak, Basia	Blackpool Wyre and Fylde AC						948				948
387.	Price, Liz	Team inov-8.com					947					947
388.	Fitzpatrick, Megan	Team inov-8.com			947							947
389.	Graham, Cat	U/A Carlisle ,		946								946
390.	Mortimer, Estelle	U/A Settle,					946					946
391.	Wilson, Joanne	U/A Wigton , Cumbria			946							946
392.	Wade-Rudin, Jenni	U/A Newcastle,					945					945
393.	Bedocs, Katalin	Bearbrook RC					941					941
394.	Watts, Caroline	Wray women's running club						940				940
395.	connell, sandra	U/A Liverpool,					940					940

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
396.	Johansen, Miriam	U/A Durham,						940				940
397.	Myatt, Joanne	U/A Chorley, Lancashire						939				939
398.	Bryant, Jane	Ilkley Harriers			939							939
399.	Turner, Robyn	U/A Blackburn,									936	936
400.	Fordham, Clare	U/A Bury, Manchester					935					935
401.	Dixon, Libby	U/A Ambleside, cumbria					934					934
402.	Kirton, Megan	U/A Edinburgh, Edinburgh, City of							934			934
403.	MacKenzie, Madeline	U/A London,								934		934
404.	Chapples, Rachael	U/A Askam in Furness, Cumbria					933					933
405.	Harper, Lorna	Merseytri		933								933
406.	Marshall, Hannah	Hyde Park Harriers					932					932
407.	Wright, Hannah	U/A Millom, Cumbria							932			932
408.	Rooney, Katherine	U/A Glasgow,									932	932
409.	Tippin, Susan	U/A Southport					932					932
410.	Holman, Denyse	U/A Lanchester , Durham				931						931
411.	Broatch, Laura	Dumfries Running Club					931					931
412.	Malcolm, anne	GoodGym					931					931
413.	Warwick, Sarah	U/A Wigton				929						929
414.	Halsall, Helen	U/A Altrincham, Cheshire					929					929
415.	Radcliffe, Alison	U/A Fleetwood, Lancashire					929					929
416.	Rogers, Hannah	U/A Kenilworth,					928					928
417.	Metcalf, Janice	U/A Preston, Lancs.					926					926
418.	Le Bihan, Audrey	U/A Bramhall,					926					926
419.	Bodenham, Rachel	U/A CARNFORTH, Lancashire		925								925
420.	Conway, Mary	Red Rose Runners					925					925
421.	hunter, manuela	U/A blackburn,					925					925
422.	Melvin, Lynn	Red Rose					924					924
423.	Forsyth, Jennifer	U/A Ramsbottom, Lancashire					924					924
424.	Bundgaard, Mette	FIF - Copenhagen									922	922
425.	Worthington, Eileen	U/A Fleetwood, Lancashire					922					922
426.	Thornton, Callie	Canicross Clwyd				921						921
427.	Stokes, Carolyn	U/A Ormskirk					921					921
428.	Deane, Barbara	U/A Penrith,									921	921

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
429.	Dalziel, Paula	U/A Bolton, Greater Manchester					920					920
430.	Fraser, Jenny	U/A Egremont, Cumbria								919		919
431.	Clarke, Sarah	Ramsbottom Running Club					918					918
432.	Clegg, Bria	U/A Penrith, Cumbria									918	918
433.	Thatcher, Richard	Ramsbottom Running Club					917					917
434.	Law, Rose	U/A Preston , Wiltshire					917					917
435.	Holden, Claire	Lonsdale Fell Runners									916	916
436.	Cole, Sarka-jo	U/A Ulverston					915					915
437.	Charters, Kate	U/A Whitby, North Yorkshire					915					915
438.	Brandon, Jane	None						914				914
439.	Meadows, Jenny	U/A Fleetwood, Lancashire					914					914
440.	Simpson, Frances	U/A Cononley, North Yorkshire		913								913
441.	hutch, amy	U/A glasgow,				913						913
442.	Dumelow, Kirsty	Washlands Women Runners									913	913
443.	Philburn-Powell, Katie	U/A Fleetwood, Lancashire					913					913
444.	Simon, Holly	U/A Isle of Arran,					912					912
445.	Smith, Anna	Baildon Runners								912		912
446.	Kenny, Gemma	U/A Staveley,				911						911
447.	Campbell, Jenni	U/A Hamilton ,						911				911
448.	Munroe, Lindsay	U/A London,					911					911
449.	TYSON, PHILIPPA	SOUTH CHESHIRE HARRIERS					910					910
450.	Marfell-cadman, Sarah	U/A Bolton, Lancashire					910					910
451.	Davies, Patty	U/A Ulverston, Cumbria					909					909
452.	Sunderland, Joanne	Roundhay Runners					909					909
453.	Bowman, Meggan	U/A Carlisle , Cumbria		908								908
454.	Paton, Nikki	U/A Shifnal ,					908					908
455.	Astle, Hannah	U/A Edinburgh,						908				908
456.	Lambert, Kath	U/A Leeds,					908					908
457.	lewis, katy	U/A Liverpool,					907					907
458.	Blake, Lorna	U/A Carshalton,					907					907
459.	Kenyon, Sally	U/A Liverpool,		906								906
460.	Lawrence, Jo	U/A Haslington , Cheshire				906						906
461.	Reekie, Deborah	U/A holmrook, cumbria					906					906

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
462.	Molenkamp, Victoria	GoodGym					906					906
463.	Haygarth, Julie	U/A Kirkby Stephen, Cumbria							905			905
464.	Wright, Hannah	U/A Lancaster, Lancashire					904					904
465.	Perry, Jo	U/A Blackburn, Lancashire					903					903
466.	Lamb, Dawn	U/A Langholm, Dumfriesshire					902					902
467.	Samuelson, Katie	Cambridge & Coleridge AC					901					901
468.	Batty, Fiona	U/A Worksop, Nottinghamshire					901					901
469.	Ingham, Becky	U/A Kirkham, Lancashire						900				900
470.	Abbas, Andrea	U/A Manchester,							900			900
471.	sowerby, susan	U/A workington, cumbria					900					900
472.	devlin, sandra	U/A workington,					898					898
473.	Rooke, Rebecca	Black Combe Runners		897								897
474.	Vogler, Andrea	U/A Poynton, Cheshire					897					897
475.	Carruthers, Anne-Marie	Wray Running Club								897		897
476.	Leon, Pamela	Smiley Paces									897	897
477.	Weston, Lynda	U/A Sutton Coldfield, West Midlands					897					897
478.	White, Jackie	U/A Leek, Staffordshire					896					896
479.	van Alderwegen, Joanne	U/A Manchester, Greater Manchester		895								895
480.	SCOTT, vanessa	U/A HASLEMERE, SURREY					895					895
481.	Rousell, Christine	U/A Cockermouth, Cumbria							895			895
482.	Laybourn, Clare	U/A Edinburgh,					894					894
483.	Sandilands, Yat	U/A Aberdeen , Aberdeenshire					894					894
484.	Holmes, Sarah	Ilkley Harriers					893					893
485.	Hughes, SAMANTHA	Accrington Road Runners							893			893
486.	Fletcher, Maxine	U/A Gargrave, Skipton									893	893
487.	Gott, Julie	U/A Kendal,					892					892
488.	Newton, Michelle	U/A Selby, North Yorkshire					891					891
489.	birks, sarah	U/A london,								891		891
490.	Gurney, Melissa	Neon Nights					890					890
491.	Bonham, Philippa	U/A Doncaster, South Yorkshire							889			889
492.	Keyse, Bryony	U/A Derby, Derbyshire									889	889
493.	Wisely, Julie	U/A Manchester ,							888			888
494.	Noonan, Ruth	U/A Cockermouth, Cumbria									887	887

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
495.	Bibby, Susan	U/A cumbria,			887							887
496.	Burnett, Helen	Clayton-le-Moors Harriers					887					887
497.	King, Cheryl	U/A Barrow in Furness, Cumbria		886								886
498.	Cardwell, Alison	Styal RC				886						886
499.	Saxby, Dawn	U/A Harrogate, North Yorkshire					886					886
500.	Wood, Helen	U/A Wylam , Northumberland							886			886
501.	Elson, Sarah	U/A Derby, Derbyshire									886	886
502.	Brayshaw, Kate	U/A Kendal,			886							886
503.	Powrie, Frances	GoodGym Race Team					885					885
504.	Trueman, Dawn	Smiley Paces			884							884
505.	Longbon, Kim	GoodGym Sheffield					884					884
506.	tattersall, liza	U/A carnforth, lancashire				883						883
507.	Mather, Jessica	U/A Warrington,					883					883
508.	Braithwaite, Sally Anne	U/A Bowness on Windermere, Cumbria					882					882
509.	Hammond, Angela						882					882
510.	Duncan, Jennifer	U/A York, Yorkshire		881								881
511.	Ellwood, Jayne	U/A Ulverston, Cumbria					881					881
512.	Staunton, Hayley	U/A warrington, cheshire									881	881
513.	Baxter, Joy	U/A Fleetwood, Lancashire					881					881
514.	Davidson, Zoe	U/A Crewe,									880	880
515.	Johnston, Denise	U/A Maghull, Merseyside					880					880
516.	Bather, Philippa	U/A Manchester,				879						879
517.	Lutton, Heather	U/A Ashton, Chester, Cheshire					879					879
518.	McParland, Louise	U/A Glasgow,				878						878
519.	Willis, Donna	U/A Consett, Co Durham					878					878
520.	Kaye, Anna	U/A Newcastle upon Tyne, Tyne & Wear					877					877
521.	Buck, Lindsay	U/A Seascale, Cumbria							877			877
522.	Reynolds, Emma	Riversway Roadrunners		876								876
523.	Woollard, Laura	U/A Ellesmere Port, Cheshire				876						876
524.	Hill, Louise	U/A WARRINGTON, CHESHIRE					876					876
525.	Giddins, Jane	U/A Nottingham,					876					876
526.	Hill, Diane	Wigan & Diatrick Harriers AC					875					875
527.	Paul, Therasa	U/A Kendal, Cumbria						875				875

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
528.	Kirkham, Laura	riversway road runners		874								874
529.	Morris, Melanie	U/A Bolton,					874					874
530.	Chaplin-Brice, Elizabeth	U/A Keswick,									873	873
531.	Thompson, Michelle	U/A Preston, Lancashire									872	872
532.	Hinch, Sara	Steel City Striders					871					871
533.	Blundell, Bernice	U/A Ormskirk, Lancashire				870						870
534.	Boyd, Emma	FellsideLadies					870					870
535.	Brant, Helen	Saltaire Striders		869								869
536.	Falconer, Jo	Fellside Ladies					869					869
537.	McCullagh, Vanora	U/A Keighley, West Yorkshire						869				869
538.	Whittaker, Laura	U/A Kendal, Cumbria				868						868
539.	Proctor, Wendy	Newcastle (Staffs) Triathlon Club						868				868
540.	Taylor, Cara	U/A Ulverston ,			868							868
541.	Rawlinson, Annie	U/A Kendal, Cumbria					868					868
542.	Renyard, Corrie	U/A Carlisle, Cumbria				867						867
543.	Butcher, Bethany	U/A Ramsbottom ,							867			867
544.	Clark, Hazel	Ware Joggers									867	867
545.	Jenner, Mary	U/A Ambleside,			867							867
546.	Farquar, Linda	St Bees Triers					867					867
547.	McFarlane, Kirsten	U/A Manchester, Greater Manchester							865			865
548.	Storey, Anna	U/A Newcastle, Tyne & Wear								865		865
549.	Proctor, Kathleen	U/A Keswick									865	865
550.	Choe, Claire	U/A London, London					865					865
551.	Moody, Karen	U/A Liverpool					863					863
552.	Bethune, Julie	U/A Runcorn,							863			863
553.	Sherlock-Smith, Jessica	U/A Macclesfield,			863							863
554.	Forster, Carol	U/A Cockermouth, Cumbria					863					863
555.	Hoskins, Bethan	GoodGym					862					862
556.	Corcoran, Elaine	Trawden AC					861					861
557.	Stevens, Christina	Tring Running Club						861				861
558.	Lynch, Anna	Ilkley Running Group			861							861
559.	Leishman, Moira	U/A Kilmarnock, Ayrshire		860								860
560.	Corrigan, Louise	Swinton RC					860					860

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
561.	O'Sullivan, Katie	BMF									860	860
562.	Hill, Hannah	U/A Levens, Cumbria					859					859
563.	Wardle, Stephanie	U/A Salford,						859				859
564.	Randle, Jennifer	U/A Southport							859			859
565.	Munnely, Karen	Riversway Road Runners		858								858
566.	Kelsall, Donna	Lostock AC				858						858
567.	Gundry, Jill	London Heathside					858					858
568.	Downing, Carol	Howgill Harriers							858			858
569.	Waddington, Rachel	U/A Wigginton , N Yorks					858					858
570.	Smith, Judith	U/A Newcastle upon Tyne,					857					857
571.	Bland, Gillian	U/A Carnforth , Lancashire						857				857
572.	Gibson, Jo	Penny Lane Striders					857					857
573.	Preston, Joanne	Wirral Vikings TRC		856								856
574.	Bishop, Nicola	U/A Lancaster, Lancashire				856						856
575.	Dyer, Camilla	Giffnock North							856			856
576.	Young, Rachel	U/A Carlisle,									856	856
577.	Derby, Lucy	Moss Park Strollers					855					855
578.	Gall, Zara	Didsbury ladies							855			855
579.	Averill, Susan	Notts Women Runners					855					855
580.	Orf, Kate	U/A LONDON, London		853								853
581.	Teller, Christine	U/A Austwick, N Yorks					853					853
582.	Phillips, Nicola	U/A Manchester,							853			853
583.	Loftus, Julie	U/A Bolton, Lancashire					853					853
584.	Wicks, Dawn	U/A Penrith, Cumbria									853	853
585.	Grace, Lottie	U/A Wigton, Cumbria					852					852
586.	Willetts, Annie	U/A wylam, northumberland								852		852
587.	Lace, Chloe	U/A Wigan, Greater Manchester									852	852
588.	Fairburn, Janice	U/A Fleetwood, Lancashire					852					852
589.	Scally, Sandra	Carnethy Hill Runners		851								851
590.	Buchan, Susan	U/A Glasgow, Glasgow				851						851
591.	Rushton, Heidi	U/A Hebden Bridge, West Yorkshire								851		851
592.	Ford, Kat	Medway and Maidstone AC					850					850
593.	Peters, Amy	U/A Sunderland,						850				850

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
594.	ryder, megan	U/A boston spa,									850	850
595.	Howard, Bianca	U/A Bedford,					850					850
596.	Reiter, Karolina	U/A London,						849				849
597.	Jerram, Melanie	U/A Strathaven, South Lanarkshire								849		849
598.	Smith, Susanne	Leigh Harriers		848								848
599.	Brierley, Charlotte	U/A Bodicote,					848					848
600.	Anderson, Amanda	U/A Topcliffe, North Yorkshire							848			848
601.	Mann, Catherine	Uttoxeter Road Runners					848					848
602.	McKinlay, Jessica	Wallasey AC									847	847
603.	woods, sue	U/A levens, cumbria					846					846
604.	Russell, Katharine	U/A Stocksfield, Northumberland					846					846
605.	Whetter, Lisa	U/A Levens, Cumbria					845					845
606.	Rowland, Caroline	U/A						845				845
607.	Battersby, Anna	U/A London,									845	845
608.	Macdonald, Larissa	U/A Clarkston,				844						844
609.	clayton, louise	U/A kendal, cumbria					844					844
610.	Bell, Alexandra	RAF						844				844
611.	Dydymka, Emily	Mornington Chasers					843					843
612.	Pratt, Claire	U/A Bolton,						843				843
613.	Laverack, Julia	Ambleside AC				842						842
614.	Ford, Ruth	Washlands Women Runners									842	842
615.	Crowther, Sarah	U/A Ambleside , Cumbria			842							842
616.	Bullock, Emma	U/A Wood Green,									841	841
617.	Prasad, Naomi	U/A London,					840					840
618.	Beckers, Angelique	U/A Nijmegen,								840		840
619.	Bailey, Rachel	U/A Marple Bridge,									840	840
620.	Sewell, Nicola	Smiley Paces									839	839
621.	DeCurtis, Alison	U/A Padiham,				838						838
622.	Jacobs, Ruth	Smiley Paces									838	838
623.	Hall, Sarah	U/A Leeds,			838							838
624.	Jones, Christina	U/A Birmingham, West Midlands		837								837
625.	Cripps, Louise	London Heathside Runners AC					837					837
626.	Jerram, Julie	U/A Leeds,								837		837

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
627.	Crompton, Nicola	U/A Near Kendal,				836						836
628.	robinson, sarah	U/A poulton-le-fylde,							836			836
629.	Harper, Karyn	Yorkshire Wolds Runners		835								835
630.	clark, helen	U/A macclesfield, cheshire					835					835
631.	townsley, julie	st bees triers						835				835
632.	Tomlinson, Sarah	U/A Poulton-le-Fylde, Lancs							835			835
633.	Robinson, Lizzie	U/A Holmfirth ,								835		835
634.	Walton, Anna								834			834
635.	Mackay, Ellie	U/A Kendal,				833						833
636.	Money, Kathryn	U/A Lincoln, Lincolnshire					833					833
637.	Robbins Robinson, Sophie	U/A Birmingham,					831					831
638.	thomas, clare	U/A kendal, cumbria						831				831
639.	Hall, Isobel	U/A Kendal, Cumbria							831			831
640.	O'Neill, Helen	U/A ULVERSTON, CUMBRIA									831	831
641.	Ashton, Laura	U/A Telford, Shropshire			831							831
642.	Chanter, Rachel	U/A Manchester ,							830			830
643.	Thorpe, Rebecca	U/A Millom, Cumbria									830	830
644.	Guenther, Lisa	U/A Lancaster,		829								829
645.	Bradley, Heather	U/A preston,					829					829
646.	McBlane, Kate	U/A Derby, Derbyshire						828				828
647.	Tracy, Aynsley	U/A Glasgow, Glasgow City							828			828
648.	McGahey, Lindsey	Women on the Run				827						827
649.	Baxter, Val	Birtley AC		826								826
650.	Cross, Felicity	Preston Harriers				826						826
651.	Rockliffe, Karen	U/A Windermere, Cumbria					826					826
652.	DALE, JILL	None						826				826
653.	Clennett, Catherine	Stockton Striders									826	826
654.	Melvin, Lyn	Red Rose Road Runners			826							826
655.	Barry, Sarah	U/A Kilbarchan,		825								825
656.	Holden, Charlotte	U/A Cockermouth, Cumbria								825		825
657.	Parker, Clare	U/A New Mills, Derbyshire					824					824
658.	Cook, Lindsey	U/A Lancaster, Lancashire						824				824
659.	Gordon, Katherine	U/A Cockermouth, Cumbria								824		824

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
660.	Hadfield, Lauren	Washlands Womens Runners									824	824
661.	Ellis, Catherine	U/A Cockermouth, Cumbria						823				823
662.	Mahony, Michelle	U/A Ulverston ,								823		823
663.	Singh, Tessa	U/A Manchester ,		822								822
664.	Black, Elaine	U/A Dundee,			822							822
665.	Moss, Zoe	U/A Manchester,		821								821
666.	Kirkman, Anita	U/A Bolton,					820					820
667.	Maher, Dawn	Blackpool Wyre and Fylde AC						820				820
668.	Raassum, Kristin	Serpentine									820	820
669.	Miller, Kirstie	U/A Hexham,		819								819
670.	Barry, Sharon	U/A Cockermouth Cumbria								819		819
671.	Butler, Wendy	U/A Carlisle, Cumbria		818								818
672.	peters, kerry	Warrington running club					818					818
673.	Steels, Nicky	U/A Ambleside								818		818
674.	Gill, Alexandra	U/A Barrow-in-Furness, Cumbria		817								817
675.	McBride, Sandy	U/A London, London				817						817
676.	Geist, Christina	Warrington running club					817					817
677.	de Gruchy, Jeanelle	U/A London ,							817			817
678.	Matharu, Ranj	U/A Manchester,								817		817
679.	Skelton, Yvonne	U/A Harrogate,				816						816
680.	Roberts, Kathryn	Warrington Running Club					816					816
681.	Grant, Vicki	U/A Holme, Cumbria					815					815
682.	Thomas, Linda	U/A Wylam,								815		815
683.	Overshott, Ella	U/A manchester, Select county							815			815
684.	Gerrard, Zoe	U/A Ashton-under-Lyne, Lancashire				814						814
685.	Coulson, Tessa	U/A Manchester,				813						813
686.	Piper, Tracey	St Theresa's Athletic Club					813					813
687.	Eaton, Helen	Kirkby Milers							813			813
688.	Murray, Rachel	U/A Millom, Cumbria									813	813
689.	Wilson, Charlotte	U/A Manchester,				812						812
690.	Hattrell, Becca	St Therasas Athletics Club					812					812
691.	Cockburn, Rachel	Skelmersdale Boundary Harriers							812			812
692.	Parsons, Tracey	U/A Leeds, West Yorkshire					811					811

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
693.	DICKINSON, HILARY	TYNEDALE HARRIERS & A C			811							811
694.	bellis-jones, Clare	U/A Barrow In Furness, Cumbria		810								810
695.	Taylor, Susan	U/A Milnthorpe, Cumbria									810	810
696.	atkinson, Emma	U/A kendal, cumbria					809					809
697.	Wellings, Dean	Scunthorpe & District AC						809				809
698.	Collins, Clare	U/A Prudhoe, Northumberland								809		809
699.	Salt, Fiona	The Salts							808			808
700.	Ridley, Nicky	Dallam RC					808					808
701.	Wellings, Sharon	Scunthorpe and district AC						808				808
702.	Majewska, Layla	Sunderland Strollers					807					807
703.	Marritt, Kate	U/A Altrincham,						807				807
704.	Longhorn, Ellen	U/A Millom, Cumbria							807			807
705.	Macaro, Debbie	U/A Banbury,				806						806
706.	Jones, Sarah	U/A Kendal,							806			806
707.	Adams, Sarah	U/A Kendal,				804						804
708.	Ward, Wendy	Red rose road runners					804					804
709.	Joyce, Charlotte	U/A Newcastle ,							804			804
710.	Stevens, Sandra	U/A Chorley, Lancs								804		804
711.	Johnston, Sophie	U/A Carlisle,									804	804
712.	Birkbeck, Sharon	Red Rose Road Runners					803					803
713.	Norman, Tracy	Wirral Vikings TRC		802								802
714.	Blundell, Kay	U/A Manchester, Greater Manchester							802			802
715.	Miller, Jessica	U/A London,									802	802
716.	Heatley, Juliet	Smiley Paces			802							802
717.	Vale, Karen	Rochdale Triathlon Club					801					801
718.	Stevenson, Carol	U/A Lutterworth, Leicestershire								801		801
719.	Houghton, Julie	Mossley Hill athletic club		800								800
720.	Harman, Sandra	York Knavesmire Harriers							800			800
721.	Gelder, Clare	U/A Cleckheaton, West Yorkshire				799						799
722.	Sneddon, Shirley	Rochdale Tri Club					799					799
723.	Morris, Janet	Knaresborough Striders					798					798
724.	Dowson, Jane	Tadcaster Harriers						798				798
725.	Livesey, Michelle	Red Rose Road Runners							798			798

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
726.	Brunton, Jackie	Red rose road runners							797			797
727.	Frost, Pella	U/A London, London							796			796
728.	Skelton, Angela	Me								796		796
729.	Irving, Angela	U/A Silloth, Cumbria			796							796
730.	blakeley, alyson	roundhay runners		795								795
731.	Donaldson, Rachel	Sittingbourne Striders					795					795
732.	Benson, Courtney	Howgill harriers							795			795
733.	Evans, Lindy	Wirral Vikings									795	795
734.	Love, Leanne	Farsley Flyers								795		795
735.	Ramsdale, Ruth	U/A Preston,		794								794
736.	Nordon, Alison	U/A Paisley,					794					794
737.	Lowry, Brenda	Red Kites								794		794
738.	cunningham, olwen	St Bees triers		793								793
739.	Crooks, Beth	U/A Hartlepool, Durham					793					793
740.	Derham, Ruth	U/A Bingley, West Yorkshire								793		793
741.	Marley, Jennifer	U/A Manchester,				792						792
742.	Samuelson, Viv	Swinton RC					792					792
743.	Wright, Sarah	U/A Penrith						792				792
744.	Caluseru, Jayne	U/A Kendal, Cumbria							792			792
745.	Battersby, Joanne	Smiley Paces									792	792
746.	Bond, Isabelle	U/A Windermere,			792							792
747.	Palmerley, Sheila	U/A Longbenton , Tyne and wear								791		791
748.	Darby, Samantha	U/A Shrewsbury , Shropshire									791	791
749.	Archer, Rachel	Swinton RC					790					790
750.	Swann, Penny	U/A Lancaster,							790			790
751.	Hodge, Kate	U/A earlsfield,									790	790
752.	Burn, Carolyn	U/A Millom,			790							790
753.	Butcher, Debra	U/A Ramsbottom ,							789			789
754.	McIntosh, Sophie	U/A Burnley, Lancashire			789							789
755.	Horner, Claire	U/A Hornby,				788						788
756.	Gore, Vicky	Wesham Road Runners						787				787
757.	Forsman, Rebecca	U/A Millom,							787			787
758.	Pickervance, Sherron	U/A Preston , Lancs									786	786

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
759.	Hyatt, Karen	Smiley Paces			786							786
760.	Denning, Jeannette	Dragons running club leeds			785							785
761.	McGhee, SUSAN	U/A Prudhoe, Northumberland, Northumberland								785		785
762.	Mackintosh, Carolyn	Ambleside AC				784						784
763.	Murphy, Jo	TYnedale Harriers						784				784
764.	Rayner, Philippa	Quakers Running Club							784			784
765.	Shaw, Francesca	U/A Ulverston, Cumbria							783			783
766.	Rebello, Stef	U/A Bollington,			783							783
767.	Kelly, Linda	Shildon Athletic Running Club				782						782
768.	Dobson, Sara	Helm Hill Runners							782			782
769.	Wood, Jennifer	U/A Kendal, Cumbria							781			781
770.	Castro, Sarah	Up and Running								781		781
771.	Blakemore, Holly	Warrington running club									781	781
772.	Fairclough, Kym	South ribble runners							780			780
773.	Stubbs, Lucy	U/A LIVERPOOL, Merseyside		779								779
774.	White, Annmarie	U/A Kendal, Cumbria									779	779
775.	Meyrick, Kathrin	U/A Windermere, Cumbria							778			778
776.	Penny, Laura	U/A Bradford,						777				777
777.	Nicholl, Jane Marie	U/A Newcastle upon Tyne ,							777			777
778.	Streets, Emma	U/A London,		776								776
779.	Fox, Amelia	U/A Lancaster,							776			776
780.	Eccles, Kathryn	U/A Lincoln,								776		776
781.	cross, Joanne	Resolution Runners							775			775
782.	Hope, Deborah	U/A Carlisle , Cumbria		774								774
783.	Lynch, Wendy	Low Fell Running Club				774						774
784.	Davie, Shelagh	U/A Stoke-on-Trent, Staffordshire						774				774
785.	Rothwell, Amanda	U/A Manchester, Lancashire							774			774
786.	Palmer, Sally	U/A London,			774							774
787.	Torr, Debbie	U/A Kendal, Cumbria				773						773
788.	Adshead, Jo	Me		772								772
789.	Noble, Hannah	Washlands									772	772
790.	Halliwell, Jemma	U/A NEWTON-LE-WILLOWS, Merseyside								771		771
791.	Stringer, Rebecca	Washlands Womens Runners									771	771

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
792.	Owen, Kirsty	U/A Whickham , Tyne and Wear			771							771
793.	McDonald, Caroline			770								770
794.	Schleiffer, Vera	Wigan and District Harriers and AC				770						770
795.	Woolgar, Kim	Metres to Miles						770				770
796.	Whittington, Ann	U/A Ilkley, WEST YORKSHIRE							770			770
797.	eley, alison	washlands women runners									770	770
798.	Downing, Gemma	U/A Stourbridge							769			769
799.	Caisley, Jo	Bellahousten Harriers						768				768
800.	Cleaver, Michelle	Washlands Women Runners									768	768
801.	Wignall, Dorinda	Ulverston Triathlon club		767								767
802.	Stevens, Hannah	EDMC							766			766
803.	Foster, Pauline	Wigan Harriers									766	766
804.	Hetherington, Alison	U/A Cockermonth Cumbria						765				765
805.	Ryan, Nancy	Mums on the Run							765			765
806.	Semley, Lisa	Red Rose Runners				764						764
807.	Fox, Kathryn	U/A Lancaster,							764			764
808.	Morton, Kerry	U/A York , Yorkshire								764		764
809.	Hutchinson, Kate	U/A Roslin, Midlothian									764	764
810.	Vigar, Madeleine	U/A nr Haverhill, Essex						763				763
811.	Thacker, Holly	U/A Market Harborough, Leicestershire		762								762
812.	Willson, Lydia	Lymm Runner				762						762
813.	Thomson, Catherine	U/A Manchester,				761						761
814.	Marsh, Penny	U/A Gravesend, Kent							761			761
815.	Gray, Amanda	U/A Bedford, Bedfordshire							759			759
816.	Martin, Julie	Kent Police AC									759	759
817.	Syrett, Katie	U/A Manchester , Greater Manchester		758								758
818.	Christmas, Pauline	U/A Kidderminster,			758							758
819.	Saville, Josie	U/A Stockport,		757								757
820.	Maxwell, Sheila	U/A Bolton,						757				757
821.	RITSON, Jill	WOTR				757						757
822.	Dodd, Helen	U/A Hexham, Northumberland								757		757
823.	Latimer, Nicola	Wigton Road Runners									757	757
824.	Faulkner, Elspeth	Smiley Paces			757							757

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
825.	Ashton, Maggie	U/A Carlisle,				756						756
826.	Robson, Laura	York Postal Harriers									756	756
827.	fishpool, Alex	U/A driffield, East Riding of Yorkshire			756							756
828.	walshaw, samantha	U/A preston,						754				754
829.	Pye, Jane	U/A Lancaster, Lancashire									754	754
830.	Barden, Louise	U/A Kendal, Cumbria									753	753
831.	Helm, Katherine	Unattached						752				752
832.	Atkinson, Kathryn	Pendle Triathlon Club								752		752
833.	Robinson, Carol	U/A Kendal, Cumbria									752	752
834.	Smith, Lynn	Horwich RMI Harriers							751			751
835.	Evans, Laura	U/A York,								751		751
836.	Campion, Peggy	NA						750				750
837.	Clark, Bethany	U/A York,								750		750
838.	O'Neill, Linda	U/A Dundee									750	750
839.	Goodson, Gay	U/A kirkby-in-Furness, cumbria			750							750
840.	Tompkins, Lucy	U/A Cockermonth , Cumbria						749				749
841.	Smith, Despina	U/A Manchester ,							749			749
842.	Carruthers, Kirsty	U/A Morpeth, Northumberland			749							749
843.	O'boyle, Gillian	U/A warrington, Cheshire								749		749
844.	Tomkow, Nichola	U/A Newton-le-Willows, Merseyside		748								748
845.	Cock, Florence	U/A London,						748				748
846.	Dyche, Helen	Washland women runners									748	748
847.	Kon, Ella	U/A Harrogate,			748							748
848.	Oliver, Gillian	Lytham St Annes Road Running Club							747			747
849.	Flanagan, Katie	U/A Morecambe , Lancashire		746								746
850.	Astall, Laura	U/A Prudhoe,				746						746
851.	Boyles, Jude	U/A Leeds, West Yorkshire						746				746
852.	Watts, Delia	Smiley Paces			746							746
853.	Joinson, Emma	U/A Chorley Lancs				745						745
854.	Bandesha, Gunjit	U/A Manchester, Grtr Manchester							745			745
855.	Allan, Kathy	U/A Newcastle upon Tyne,				744						744
856.	Eccles, Anne	U/A Lincoln, Lincs								744		744
857.	Dickie, Sue	U/A London, camden				743						743

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
858.	Seton, Ruth	U/A Sale Cheshire						743				743
859.	Benson, Judith	Ponteland Runners									743	743
860.	Epstein, Amanda	U/A Newton-le-willows, Merseyside		742								742
861.	Chambers, Jennifer	Tattenhall Runners			742							742
862.	jackson, sandre	U/A congleton, cheshire		741								741
863.	Felstead, Alison	Lymm Runners				741						741
864.	Aaron, Bonnie	U/A Blackpool, Lancashire						740				740
865.	Westney, Charlie	U/A Arnside, Cumbria				739						739
866.	dos SANTOS, Paloma	U/A Durham, DURHAM						739				739
867.	Park, Julia	U/A							739			739
868.	Barrett, Julie	Resolution Runners							738			738
869.	Parry, Sandra	Eden Runners									738	738
870.	Wright, Pauline	Jog on the Tyne		737								737
871.	Storey, Katie	U/A Liverpool , Merseyside				737						737
872.	Moss, Victoria	Bollys Warriors						737				737
873.	Napier, Lisa	U/A Wigan ,							737			737
874.	Evans, Julie	Kings Heath Running Club			737							737
875.	Shaw, Tracey	Cumberland AC						736				736
876.	hudd, lindsay	na							736			736
877.	Hudson, Catherine	Washlands Womens Runners								736		736
878.	bennett, jose	jog on the tyne							735			735
879.	Tomlins, Jacqueline	U/A Edinburgh,			735							735
880.	Fallon, Marie	Jog on the Tyne							734			734
881.	Lomas, Robyn	U/A Westhoughton, Bolton, Greater Manchester								734		734
882.	Letman, Angela	Ellesmere port running club									734	734
883.	Bradshaw, Steph	U/A Keswick,			734							734
884.	Ibbotson, Sarah	U/A Skipton, North Yorkshire				733						733
885.	Husbands, Alison	Biddulph Running Club						733				733
886.	Watson, Vivienne	Jog on the Tyne							733			733
887.	Turner, Lucinda	U/A London,									733	733
888.	Bradshaw, Heather	U/A Workington, Cumbria			733							733
889.	Sharrock, Tracey	Blackpool Wyre & Fylde						732				732
890.	Campbell, Fiona	U/A London,		731								731

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
891.	Grimshaw, Siobhan	Blackburn road runners								731		731
892.	Turner, Dawn	Ilkley Harriers									731	731
893.	Kidd, Lizzy	Head Torches		730								730
894.	Herbert, Niki	U/A Warrington, Cheshire						730				730
895.	Gregg, Jill	Parbold Pink Panthers									730	730
896.	Outterside, Joanna	U/A Cheadle, Cheshire								730		730
897.	Knight, Sarah	Parbold Pink Panthers									729	729
898.	Munn, Jane	U/A Milton Keynes,						728				728
899.	Fenna, Phoebe	U/A Bradford, West yorkshire							727			727
900.	Leigh, Claire	Washland Women Runners									727	727
901.	Lumaca, Silvia	U/A Birmingham,						726				726
902.	Sugden, Fiona	U/A Huddersfield,								726		726
903.	Peters, Cat	U/A Penrith, Cumbria									726	726
904.	Mack, Caroline	U/A Sale, Cheshire								726		726
905.	Seymour Mead, Rachel	U/A Manchester, Manchester		725								725
906.	Maas, Mandy	U/A London, London						725				725
907.	Richmond, Nicola	U/A Broadstairs , Kent							725			725
908.	Hill, Lucy	Women on the run					724					724
909.	Burke, Gemma	U/A Eccles , Manchester								724		724
910.	Whittington, Kate	U/A Ilkley, LEEDS									723	723
911.	Hill, Micheala	U/A Huddersfield, West Yorkshire									723	723
912.	O'Grady, Marion	Red Rose Road Runners						722				722
913.	Bonner, Naomi	Rosemere								721		721
914.	Knight, Cindy	Biddulph Running Club						720				720
915.	Hickson, Jennifer	U/A LONDON,									719	719
916.	Peacock, Kathy	U/A Shipton by Beningbrough ,								719		719
917.	Sendlhofer, Britta	Team inov-8.com								718		718
918.	Christie, Karen	U/A penarth,									718	718
919.	Flight, Becky	N/A									717	717
920.	Ridley, Michaela	Riverside Runners									717	717
921.	Mann, Laura	U/A Falkirk,						716				716
922.	Jackson, Laura	Washland Women Runners									716	716
923.	Keiller, Heather	U/A Penrith , Cumbria		715								715

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
924.	Johnstone, Ann-Marie	U/A Middlesbrough, Cleveland								715		715
925.	Stockley, Anne	U/A St Albans, Herts									715	715
926.	Mitchell, Sian	Garden City Runners			715							715
927.	Norton, Angela	U/A York,		714								714
928.	Davies, Jennie	U/A Sedbergh, Cumbria			714							714
929.	Wood, Laura	U/A Ormesby, Middlesbrough								713		713
930.	Monkhouse, Lucy	U/A Huddersfield,						711				711
931.	Holmes, Claire	U/A Grange over Sands, Cumbria						710				710
932.	Healy, Kerry	U/A Huthwaite, Nottingham								710		710
933.	Warner, Jane	Skelmersdale Boundary Harriers									710	710
934.	Longhorn, Marie	The dude club						709				709
935.	Hurn, Jane	Parbold Pink Panthers									709	709
936.	Holloway, Rachael	U/A Liverpool,			708							708
937.	O'Hare, Belinda	U/A Leeds, West Yorkshire			707							707
938.	Tweedy, Julie	Billingham Marsh House Harriers						707				707
939.	Jurin, Amanda	U/A Lytham St Annes, Lancashire						706				706
940.	Richardson, Sara	U/A St Annes, Lancashire						705				705
941.	van der Vliet, katrina	U/A Penarth, Vale of Glamorgan								705		705
942.	muir, rachel	U/A alyth, perthshire								704		704
943.	Baldwin, Georgia	U/A Carnforth , Lancashire									704	704
944.	Childe, Casey	U/A Abberley,			704							704
945.	Spibey, Nicole	U/A Cartmel ,		703								703
946.	blackburn, susie	U/A Barnard Castle , Co Durham								703		703
947.	Coupe, Hannah	U/A Parbold, Lancs									703	703
948.	Gibson, Kelly	Darlington Tri			703							703
949.	Mclinden, Jessica	U/A Liverpool, Merseyside		702								702
950.	Mcguinness, Andrea	mersey tri						702				702
951.	Gill, Sue	Parbold Pink Panthers									702	702
952.	Whitworth, Melissa	manchester frontrunners		701								701
953.	Gunn, Sarah	U/A Nottingham									701	701
954.	Berry, Tracy	Skelmersdale Harriers		700								700
955.	West, Viv	Staveley Choral				700						700
956.	Viccars, Becky	U/A Nr Kendal,									700	700

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
957.	Fasolino, Jennie	U/A Wallasey, Merseyside			699							699
958.	Barnard, Rachel	U/A Workington, Cumbria		698								698
959.	Holman, Ceri	U/A Grange over Sands, Cumbria				698						698
960.	Waring, Laura	U/A Wigan, Lancashire						698				698
961.	Harrison-Round, Tammy	U/A westhoughton, Lancashire			698							698
962.	Belford, Alison	Formby Stormers		697								697
963.	Leigh, Lisa	U/A Wigan,						697				697
964.	Hoyle, Lucy	U/A Manchester,									697	697
965.	Williams, Jenny	U/A Formby, Merseyside		696								696
966.	Gentilcore, Gabriella	U/A Edgware, Middx				696						696
967.	Weston, Judith	Marsh House Harriers									696	696
968.	Graham, Carol	U/A Dumfries,		694								694
969.	MacFarlane, Fiona	U/A						694				694
970.	Barnett, Clare	U/A Edinburgh, Scotland						693				693
971.	Horsman, Jen	Witney Road Runners									693	693
972.	Coutts, Janet	Skipton AC				692						692
973.	Taggart, Ailsa	Galloway Harriers				690						690
974.	Richardson, Joanne	Elvet Striders						690				690
975.	Bowyer, Jodi	U/A Lancaster , Lancashire			690							690
976.	Wright, Nicola	U/A Ambleside,				689						689
977.	Shakespeare, Fleur	U/A Northampton,						689				689
978.	Kenyon, Rosie	U/A Liverpool,		688								688
979.	teggart, Emma	U/A Grange-Over-Sands , Cumbria									687	687
980.	Davenport, Carrie	U/A Stockport,			686							686
981.	McNeill, Janine	Glaxo Hoad Hill Harriers		685								685
982.	Cleminson, Shiran	Boldmere Bullets									685	685
983.	Piacentini, Maria	Batala Mountain Drummers		682								682
984.	Weir, Lynsey	U/A Renfrew, Renfrewshire						681				681
985.	Willet, Lesley	U/A Braco, Perthshire			681							681
986.	Fallon, Jackie	U/A Paisley , Renfrewshire						680				680
987.	Dawson, Ana	U/A Peel,		679								679
988.	Fuller, Amanda	Blackpool Wyre & Fylde AC						679				679
989.	Mackenzie, Joanna	U/A Edinburgh,				678						678

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
990.	Harper, Charlotte	U/A London,									678	678
991.	Dyball, Melissa	U/A Darlington, Durham				677						677
992.	Bloor-Steen, Mel	U/A Llandudno, Conwy						677				677
993.	Peake, Louise	U/A Liverpool, Merseyside		675								675
994.	Maclean, Laura	U/A Manchester,						675				675
995.	Rooney, Louise	U/A Carlisle,									675	675
996.	WILSON, KATE	U/A KENDAL, CUMBRIA						674				674
997.	Fortun, Dawn	U/A SOT, Staffordshire			674							674
998.	Sumner, Suzanne	Ribble Valley Triathlon Club				673						673
999.	Dyer, Kath	U/A Kirkby Stephen, Cumbria						673				673
1000.	Monkman, Sophie	U/A Preston, Lancashire									673	673
1001.	Whitby, Debby	U/A Carlisle, Cumbria		672								672
1002.	Bean, Emily	Vegan Runners						672				672
1003.	Wilding, Hannah	U/A Lakeside, Ulverston,			672							672
1004.	Cartledge, Emma	U/A Gatley, Cheadle, Greater Manchester			670							670
1005.	Donthamsetty, Tripti	Lymm runners				669						669
1006.	Pearce, Sara	U/A Ilkley,			669							669
1007.	Latimer, Hannah	Wigton Road Runners				668						668
1008.	Gibbins, Ann	U/A Grimsby , North East Lincs				667						667
1009.	Dawson, Hannah	U/A Kendal, Cumbria			667							667
1010.	GRAHAM, DIANE	DH RUNNERS		666								666
1011.	Brazier, Caroline	U/A Aylesbury,						666				666
1012.	Winspear, Sarah	U/A Riding Mill, Northumberland									666	666
1013.	Green, Rebecca	U/A Norwich,						665				665
1014.	Bescoby, Claire	Helm hill		664								664
1015.	Dempsey, Justine	Lymm runners				664						664
1016.	Kon, Colette	U/A Harrogate, North Yorkshire			664							664
1017.	Davidson, Marie	U/A Blackpool,				663						663
1018.	Kelsall, Anna	U/A Bolton, Manchester									663	663
1019.	Hindle, Rachel	U/A Grange-over-Sands, Cumbria		662								662
1020.	Kelly, Denise	U/A Ferryhill, Durham				662						662
1021.	Rodgerson, Hilary	U/A Middlesbrough, North Yorkshire						662				662
1022.	Burns, Gill	U/A Edgworth,									662	662

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1023.	Wood, Angela	U/A Great Ayton, North Yorkshire						661				661
1024.	Crimlisk, Helen	Smiley Paces			661							661
1025.	Wilkinson, Laura	U/A Huddersfield,				660						660
1026.	Crocker, Jennifer	U/A Manchester									660	660
1027.	Robinson, Lizzie	U/A Huddersfield,				659						659
1028.	Strother, Bethany	U/A Lytham St Annes, United Kingdom						659				659
1029.	Bell, Joanne	Washlands women runners									659	659
1030.	Firth, Helen	U/A Altrincham, Cheshire				658						658
1031.	Fox, Jo	U/A Altrincham,			658							658
1032.	Shuttleworth, Jo	U/A Manchester						657				657
1033.	Mihaly, Beata	U/A Sidcup, Kent									657	657
1034.	Chard, Joanne	Women on the Run			656							656
1035.	Hamilton, Victoria	U/A Ramsbottom, Lancs		655								655
1036.	Harris, Katherine	U/A Wigan, Lancashire						655				655
1037.	Ley, Amanda	Colt									654	654
1038.	Huntley, Bethane	Team Cropper			654							654
1039.	Conway, Kate	The Garland Girls						653				653
1040.	Benson, Nicola	City of Lancaster Triathlon Club									653	653
1041.	Talbot, Rebecca	Elves Striders			653							653
1042.	Berry, Kristen	U/A Sheffield ,		652								652
1043.	Levitt, Emma	U/A Leeds,				652						652
1044.	Mcgregor, Laura	The garland girls						652				652
1045.	McCracken, Dawn	City of Lancaster Triathlon COLT									652	652
1046.	Greenney, Anne	U/A Carnforth, Lancashire									651	651
1047.	Rothwell, Mandy	U/A Manchester, LANCS				650						650
1048.	Patterson, Sarah	City of Lancaster Triathlon (COLT)									650	650
1049.	Deakin, Ruth	U/A Bury,		649								649
1050.	Lavery, Theresa	U/A Dumfries, Dumfries and Galloway				649						649
1051.	Self, Katherine	U/A Keighley,			649							649
1052.	Oliver, Penny	U/A Penrith, Cumbria		648								648
1053.	Lweis-Briggs, Sarah	Head Torches around the Tarn - Brampton		647								647
1054.	Hardy, Nicola	U/A Bolton,						647				647
1055.	Simpson, Jen	U/A Wirral, Merseyside		646								646

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1056.	Hughes, Ellen	U/A Manchester, Greater Manchester			644							644
1057.	Griffiths, Rachel	U/A Altrincham,		643								643
1058.	Rogan, Laura	U/A Kirkby Stephen, Cumbria						643				643
1059.	Schindler, Sabine	U/A Durham, Durham			642							642
1060.	Brookes, Jane	None						642				642
1061.	Ashford, Pamela	U/A Barnard Castle, Durham									641	641
1062.	Carmichael, Lynne	Run in Wirral		640								640
1063.	Aldred, Vanessa	N/a									640	640
1064.	Fairlam, cath	wigton road runners						639				639
1065.	Todd, Megan	N/A									639	639
1066.	Bee, Michelle	U/A Johnstown, Wrexham						638				638
1067.	O'Kane, Geraldine	U/A Glasgow,		637								637
1068.	Fitzgerald, Isla	U/A kendal ,				637						637
1069.	Raynor, Laura	Blackpool Wyre and Fylde AC						637				637
1070.	Thorpe, Donna	U/A Hornby, Lancs			637							637
1071.	Marron, Al	U/A Lancaster , Lancashire			636							636
1072.	ainsley, paula	U/A york, north yorkshire		635								635
1073.	Little, Fiona	Blackpool Wyre & Fylde Athletics Club						635				635
1074.	Maxfield, Victoria	U/A Bolton,			635							635
1075.	Kelly, Gillian	St. Helens striders						634				634
1076.	Francis, Nadine	U/A Warrington, Cheshire				633						633
1077.	Marsh, Fiona	U/A Penrith , Cumbria									632	632
1078.	Lehm, Kathryn	U/A Kendal, Cumbria				631						631
1079.	Ward, Maxine	Durham mums on the run									631	631
1080.	White, Christina	U/A Sedgefield , Cleveland									630	630
1081.	Ridings, Kate	Lancaster Women's Running Group			630							630
1082.	Kain, Ann	U/A Sedgefield , Cleveland									629	629
1083.	Stretton, Maddy	Washland womens runner									628	628
1084.	Murray, Fran	U/A Manchester,		627								627
1085.	Stubbs, Anna	Washlands Women Runners									627	627
1086.	McCluskey, Andrea	U/A Warrington , cheshire				626						626
1087.	Jackson, Karen	Washlands Women Runners									626	626
1088.	Richardson, Lucy	U/A Altrincham ,		625								625

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1089.	Collins, Sam	U/A Warrington, Cheshire				625						625
1090.	Owen, Sam	Washland women									625	625
1091.	Bennett, Karen ann	walney wind cheetahs		624								624
1092.	Bowden, Sally	U/A SELBY, North Yorkshire				624						624
1093.	Taylor, Sharon	walney wind cheetahs		623								623
1094.	Newton, Georgina	U/A Altrincham, Cheshire									623	623
1095.	Pyrah, Janie	U/A Altrincham ,									622	622
1096.	Long, Clare	U/A Whitehaven,		621								621
1097.	Brothers, Toby	Hampstead Heath Park Run									621	621
1098.	Cox, Angela	U/A Skipton, North Yorkshire						621				621
1099.	Gilmour, Laura	Kings Heath Running Club		620								620
1100.	Clarke, Anita	U/A Lichfield,					620					620
1101.	Penrice, Rachel	U/A Kendal, Cumbria		619								619
1102.	Carter, Cynthia	Crosby stormers									619	619
1103.	Davies, Hannah	U/A Liverpool, Merseyside						618				618
1104.	vitty, caroline	U/A liverpool,									618	618
1105.	Weldegebriel, Temesgen	U/A Brighouse ,		617								617
1106.	Fox, Janet	Nordic Walker					617					617
1107.	Ward, Sharon	Smiley Paces									617	617
1108.	Hrachowina, Catherine	U/A Heysham, Lancashire						616				616
1109.	Henworth, Julie	U/A Lancaster,		615								615
1110.	Gardiner, Sam	U/A Bedford, Bedfordshire					614					614
1111.	Garnock-Jones, Christine	Smiley Paces						614				614
1112.	Wormald, Jessica	U/A York, Yorkshire		613								613
1113.	McIntyre, Helen	U/A Warrington, Cheshire						613				613
1114.	Gray, Natalie	U/A Warrington,		612								612
1115.	Daintith, Meg	Warrington RC					612					612
1116.	WOODS, MARGARET	FELLSTRIDERS						612				612
1117.	Hanley, Gillian	U/A Warrington, Cheshire						611				611
1118.	Plowman, Sarah	U/A Swindon,		609								609
1119.	Colquhoun, Nina										609	609
1120.	Abernethy, Michelle	U/A Wilmslow, Cheshire					608					608
1121.	Kelly, Rebecca	U/A Leeds, West Yorkshire						608				608

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1122.	Cooper, Emma	U/A Preston, Lancashire		607								607
1123.	Pearson, Shonagh	U/A Handforth , Cheshire				607						607
1124.	Hamilton, Joyce	Dumfries running club									607	607
1125.	Grayston, Lorraine	U/A Preston, Lancs		606								606
1126.	Davies, Tracy	Knowle & Dorridge Running Club			606							606
1127.	Davies, Lorna	Knowle and Dorridge			605							605
1128.	Finch, Linda	Rosemere Cancer Foundation				604						604
1129.	Paterson, Jackie	Knowle &Dorridge RC			604							604
1130.	Macpherson, Kate	Elvet Striders		603								603
1131.	Wilson, Jennifer	U/A Doncaster, South Yorkshire				603						603
1132.	Wassell, Sue	Knowle & Dorridge Running Club			603							603
1133.	Preston, Katherine	U/A Sacriston, Durham		602								602
1134.	Allan, Hannah	U/A Altrincham, Cheshire				602						602
1135.	Smith, Andrea	U/A Lytham St Annes, Lancashire									602	602
1136.	Mccormack, Jeanette	Kirkby Stormers		599								599
1137.	Ensor, Bev	Smiley Paces			599							599
1138.	Thompson, Helen	U/A Silsden, West Yorkshire									597	597
1139.	Rogers, Lisa	U/A Little sutton, Cheshire		596								596
1140.	Wilson, Penny	U/A COCKERMOUTH,		593								593
1141.	Tracey, Fiona	U/A Northallerton, NORTH YORKSHIRE				592						592
1142.	Marsh, Nicky	U/A Catterall, Lancs		591								591
1143.	Wilson, Michelle	Warrington Running Club		588								588
1144.	Eastham, Rachel	U/A Dalton-in-Furness, Cumbria		587								587
1145.	Kaye, Caroline	U/A Windermere, Cumbria			584							584
1146.	Harrison, Kathryn	U/A Carnforth, Lancashire		583								583
1147.	Clark, Lyndsey	U/A Edinburgh,			582							582
1148.	Hancock, Tanya	Wigan harriers			581							581
1149.	Brooks, Amanda	U/A Preston, Lancashire			580							580
1150.	Taylor, Katie	U/A Cramlington, Northumberland		579								579
1151.	Medlicott, Alison	U/A Leigh, Lancs			579							579
1152.	Lomas, Sarah	U/A Warrington, Cheshire			577							577
1153.	Murray, Leanne	U/A Sale, Cheshire		576								576
1154.	Kaur, Amrit	U/A Manchester ,		575								575

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1155.	Hamilton, Robyn	U/A Morpeth, Northumberland			575							575
1156.	Jones, Claire	U/A Gomersal, West Yorkshire		571								571
1157.	Wilson, Louise	U/A Carlisle,		570								570
1158.	Sowerby, Tracey	DH RUNNERS		569								569
1159.	Lewis, Jennifer	U/A Manchester,		567								567
1160.	Jaszczuk, Agata	U/A			566							566
1161.	Cook, Grace	U/A BARROW-IN-FURNESS,		565								565
1162.	Cummings, Karen	U/A St Helens, Merseyside			565							565
1163.	Cook, Elizabeth	U/A Northwich, Cheshire		564								564
1164.	Weekes, Emma	U/A Saffron Walden Essex			564							564
1165.	egan, rosie	Cheshire hash house harriers			562							562
1166.	Parry, Abbie	U/A Caernarfon, Gwynedd			560							560
1167.	Cannon, Catherine	Wirral Vikings		559								559
1168.	Rodman, Sue	U/A Stoke on Trent, Staffordshire			559							559
1169.	Parmley, Hannah	Roundhay Runners		558								558
1170.	Townley, Kerry	U/A Cambridge			558							558
1171.	Taylorson, Julie	U/A Hartlepool , Cleveland			557							557
1172.	Thomas, Sharon	U/A Chapels, Kirkby in Furness		556								556
1173.	cunningham, susan	U/A Manchester, Greater Manchester		554								554
1174.	Rigby, Carolyn	Widnes Wasps		553								553
1175.	McIntyre, Lynda	U/A Longton, Lancashire		551								551
1176.	Hogge, Amanda	U/A Isle of Arran, Ayrshire		549								549
1177.	Senior, Isla	RED		548								548
1178.	Guth, Jessica	U/A Keighley, West Yorkshire			544							544
1179.	Graves, Gillian	U/A York, North Yorkshire		543								543
1180.	Elmore, Rosie	Smiley Paces			542							542
1181.	Mclinden, Joanne	U/A Liverpool, Merseyside		541								541
1182.	Gregson, Vikki	U/A Leyland, Lancashire			541							541
1183.	park, laura	U/A Lyth,		540								540
1184.	park, mariann	U/A Crook,		539								539
1185.	myers, shelley	U/A Millom, Cumbria		538								538
1186.	Dowe, Rosie	U/A Leeds,		537								537
1187.	Delcassian, Sabina	U/A London,		536								536

2018 Series Results

Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1188.	Delcassian, Derfogail	U/A Cheshire,		535								535
1189.	Alston, Charlotte	U/A Gateshead, Tyne and Wear		534								534
1190.	Alston, Emily	U/A Gateshead, Tyne and Wear		533								533
1191.	Hannay, Gill	U/A Rossendale, Lancashire		532								532
1192.	Flanagan, Christina	U/A Rossendale, Lancashire		531								531
1193.	Laxton-Kane, Martha	Milltown Milers		529								529
1194.	Sutcliffe, Jeanette	Trawden Athletic		526								526
1195.	Macleod, Fiona	U/A Lancaster,		523								523
1196.	Hastie, Sarah	U/A Shap, Cumbria		522								522
1197.	Clarke, Fiona	U/A Maryport, Cumbria		521								521
1198.	Ovans, helen	Stowmarket Striders		517								517
1199.	Beardmore, Alison	Cheshire Hash House Harriers		512								512
1200.	Melville, Alice	U/A Newcastle upon Tyne,		511								511
1201.	Pye, Eliza	U/A Liverpool, Merseyside		510								510
1202.	Daintree, Helen	U/A Dalton-in-Furness, Cumbria		508								508
1203.	Wicks, Kirsty	N/A		507								507
1204.	Hall, Jo	U/A Carnforth, Lancashire		506								506
1205.	Black, Roisin	U/A Skipton		502								502
1206.	Sutton, Suzanne	U/A Kirkby Lonsdale, Lancs		500								500
1207.	Rooney, Julie	Wesham road runners		499								499
1208.	Coombe, Patricia	U/A Carlisle, Cumbria		496								496
1209.	Britton, Laura	Head torches around the Tarn		495								495
1210.	Crossley, Alison	U/A Carnforth, Cumbria		494								494
1211.	Nelson, Pauline	U/A Hoghton, Preston		492								492
1212.	Berry, Amanda	Red Rose Road Runners		485								485
1213.	bowling, davina	redrose road runners		484								484
1214.	Lord, Julie	Beeston AC		482								482
1215.	Tasker, Lucy	WeRunLiv		481								481
1216.	Grzywna, Jayne	U/A Preston, Lancs		479								479
1217.	Winslow, Jacqueline	Red Rose Road Runners		478								478
1218.	Clayton, Wyn	Women on the Run		477								477
1219.	Andrews, Emma	U/A Carlisle, Cumbria		475								475
1220.	Scott, Laura	Red rose road runners		474								474

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Lakeland Trails 2018 10K Series Results : Women

Pos	Name	Club	AG	CAR	HAW	STA	MAR 10K	KES	CON	HEL	ULL	Total
1221.	McLean, Dawn	Red Rose Road Runners		473								473
1222.	pyciak, sylwia	U/A workington, cumbria		472								472
1223.	Cleary, Jo	none		470								470
1224.	hodgson, maddi	Victoria Park Running Club		466								466
1225.	Rutter, Eileen	U/A Warrington , Cheshire		464								464
1226.	Coleman, Tracey	VPRC		463								463
1227.	Lonergan Cooke, Tracy	U/A Bowness, Cumbria		461								461
1228.	Mcleavy, Danielle	U/A Wigton, Cumbria		458								458
1229.	nixon, samantha	Victoria Park Running Club		457								457
1230.	Cunningham, Nat	Victoria Park Running Club		455								455

Number of records: 1230