

Lakeland Trails 2014 10KM Series Results : Men

Name	Club	Category	Staveley	Keswick	Consiton	Torver	Helvellyn	Ullswater	Total
PALMER, Tim	Helsby Running Club	Vet 40	980	977	983		980	985	4905
ROSS, Ben	ua st Asaph		976	973	978		981	989	4897
HEANEY, Mark	ua Rochdale	Vet 50	963	968	971	986	968	958	4856
BLAKEMORE, Paul	ua Wigan		975	965	960		966	986	4852
REID, Andrew	Unattached : Mersersyde		965	957	959		962	982	4825
CROSSLEY, John	ua Rhyl	Vet 40	964	948	944		959	978	4793
FORSTER, Nigel	Unattached : Whitehaven	Vet 40	951	946	950		961	966	4774
HATCH, Peter	Unattached : Billingham	Vet 40	936	940	949	977	935	968	4770
DAVIES, Robert	ua st Asaph		958	952	940		944	975	4769
GOODSON, Andy	Unattached - Bowness	Vet 50	919	928	926	982	945	970	4751
PHILLIPS, Peter	NYMAC	Vet 60	904	902	896		899	933	4534
STANLEY, Martin	Quaysiders	Vet 40	895	898	905		906	930	4534
PHILLIPS, Gareth	Gateshead Harriers	Vet 40	903	901	897		898	932	4531
DOBBS, Joe	Unattached	Vet 70	898	894	889		893	929	4503
STEPHENSON, Neil	YMCA Harriers		997	995			998	997	3987
ALLISON, Mike	Unattached - Penrith	Vet 50	996		988		997	999	3980
HUDDLESTON, David	Unattached : Askham in		981	983			987	988	3939
GINDER-POULSEN, Robert	Unattached - Cheadle	Vet 40		950	966		965	971	3852
PATERSON, Ian	ua Bootle		943	942	939			967	3791
FINN, Mark	Unattached - Bolton	Vet 40	913		917		915	942	3687
ARMITAGE, William	Unattached - Holmfirth		917		909		910	941	3677
CROSSLAND, Charles	Holmfirth Harriers		897		892		895	931	3615
SMITH, Lee	Unattached - Wigan	Vet 40		895	888		894	928	3605
ROSS, Andy	Unattached - Wigton	Vet 40			988	988	991		2967
HEMINGWAY, Andrew	Backbarrow Bombers			979		992		992	2963
CATTERMOLE, Gary	Unattached - Kendal	Vet 50	985	987			983		2955
DEAKIN, Thomas	Unattached - Stockport		987	984	977				2948
GORMAN, Liam	Unattached : Grange-Over-		989	991				963	2943
BRITTON, Mark	Border Harriers	Vet 50		971	982		985		2938
ALLTON, John	Unattached : Northwich	Vet 40	957		968		992		2917
STOCKDALE, Peter	Unattached - Carlisle		974				955	979	2908
HANLON, Bob	Unattached : Windermere	Vet 50	954	947	947				2848
GORMAN, Kevin	Unattached : Grange-Over-	Vet 60		943	946			955	2844
HOTCHKISS, Dan	Unattahced : Flookburgh	Vet 40	946	936	943				2825
BROWN, Stephen	Unattached Darlington	Vet 50		933			927	953	2813
TWOMLOW, Steve	Kings Heath RC		916		925	968			2809
TIFFIN, Donald	Unattached : Northwich	Vet 60	938				919	951	2808
BINKS, David	Allithwaite and District	Vet 60			916	961	920		2797
CASPI, Alon	Mornington Chasers	Vet 50	937				911	949	2797
TOMLINSON, John	Unattached : Bolton	Vet 50		903	935		952		2790
TOWNSEND, Alan	Unattached : Radstock	Vet 60	901	904		955			2760
ARCHER, Nick	Unattached - Manchester	Vet 40	906				904	938	2748
WILDMAN, Geoffory	Unattached - Leyland	Vet 60	924	912	906				2742
RIDYARD, Brian	Unattached - Kendal	Vet 70		890	887			926	2703
RANSON, Ben	Unattached - Cokermouth			923	839			937	2699
BARTON, David	Fords AC	Vet 60	896	893	886				2675
SLAYMAKER, Gordon	Garstang RC	Vet 70			841		814	940	2595
MOUNTAIN, Jason	Wymondham AC				994	997			1991
GRUNDY, Dan	Unattached		992	985					1977
MCGREGOR, Andrew	Unattached - Sunderland						984	987	1971
MARSHALL, Stuart	Leeds & Bradford Tri Club	Vet 40					979	983	1962
PROUT, David	Unattached - Preston						967	994	1961
BLAYLOCK, Phil	St Bees Triers				968		990		1958
CHALMERS, Chris	Unattached : Hitchin				963	994			1957
FOLLEY, Richard	Unattached - London				962	989			1951
WARD, Andrew	Unattached - Carnforth					984	958		1942
HARDY, Bruce	Unattached - Cokermouth				958		977		1935
MANSFIELD, Wayne	Unattached : Wilmslow	Vet 40		959	974				1933
COLLINS, Mike	Unattached : Whitley Bay	Vet40			945	983			1928

DOTCHIN, James	Unattached : Brampton			963	961				1924
CHARLES, Will	Unattached - Runcorn		955	967					1922
LEATHEREN, Michael	Fetcheveryone		956					957	1913
PEARSON, Thomas	Unattached : Grange-Over-		968	945					1913
SMITH, James	Unattached : Carlisle	Vet 40			952		960		1912
STRICKLAND, Mark	Unattached : Holywell	Vet 50					943	965	1908
Olditch, Rupert	Unattached	Vet 40					922	984	1906
MULLINGS, Calvin	Serpentine Running Club				904	998			1902
BALL, Michael	Unattached : Swinton	Vet40			929	971			1900
TARBUCK, Jonty	Unattached - Newcastle	Vet 40	949				948		1897
DUNBABIN, Daniel	Unattached - Warrington				918			974	1892
MILEY, John	Unattached : North Shields	Vet 50			942		950		1892
ELLIOTT, Mark	Unattached : Bolden	Vet 40					934	956	1890
WALTON, Dave	Lakeland Orienteering Club	Vet60			921	965			1886
BURTON, Philip	Unattached - Windermere	Vet 50	914			966			1880
TOWNSEND, Adam	Unattached : Radstock			916		962			1878
REID, Duncan	Unattached - Preston						926	946	1872
MCCOWIE, Peter	Unattached - Newcastle	Vet 40			923		946		1869
STACEY, Anthony	Unattached : Burnley	Vet 50		930			939		1869
STACEY, David	Unattached : Chorley			931			938		1869
REID, Paul	Unattached - Sheffield						925	943	1868
ROBERTSON, Jim	Unattached : St Neots	Vet 50		932			933		1865
ELLCOTT, David	Unattached : Askern			915				948	1863
Verber, Ian		Vet60			888	974			1862
ROBSON, Shaun	Unattached : Cornsay	Vet 50					917	944	1861
HALL, Dave	Honister 92	Vet 50		900		960			1860
HOPPER, Barry	Instinctive Sports - Plymouth	Vet70			901	959			1860
JONES, Jac	Unattached Darlington	Vet 40					912	945	1857
THOMPSON, Paul	Hornsea Harriers	Vet50			876	978			1854
RIDDICK, Allan	Unattached - Carlisle	Vet 40		914	932				1846
CRAME, Steve	Unattached - Kendal	Vet 50	908		934				1842
DENYER, Paul	St Bees Triers	Vet 40	932	910					1842
YOUNG, Richard	ua Malmesbury	Vet40			867	963			1830
HORNBY, John Fleet	Unattached - Ulverston	Vet 60	899	906					1805
CUNLIFFE, Darren	Unattached - Warrington						836	959	1795
KEAY, Jonathan	Unattached - Warrington						835	960	1795
MURPHY, William	Ford Halewood AC	Vet 70		899	893				1792
PEARSON, Chris	Unattached : Grange Over	Vet 50	891	892					1783
HOWARD, J	ua Ashton under Lyne	Vet 60		889	885				1774
BLADES, Ellis	City of York AC		1000						1000
DEEGAN, Joe	Unattached : Egremont					1000			1000
MCCABE, David	Trawden AC	Vet 40		1000					1000
REAY, Robert	Unattached : Ulverston							1000	1000
WHATMORE, Guy	Wetherby Runners						1000		1000
CLAYTON, Mike	Unattached - Liverpool						999		999
FEATHER, Thomas	Leeds & Bradford Tri Club			999					999
Mckendrick, Angus						999			999
WHITTINGTON, Tom	Macclesfield Harriers		999						999
AITKEN, Bryce	Fife AC	Vet 50		998					998
FISH, Jonathan	Ambleside AC	Vet 40	998						998
HUDSON, Paul	Unattached : Chorley			997					997
FOREMAN, Gerald	Hartlepool Burn Road Harrie							996	996
GORMAN, John	Unattached : Sutton			996					996
HENDERSON, Steven	Unattached - Manchester						996		996
Wilmore, Michael		Vet60				996			996
BLADES, Andrew	Unattached : York	Vet 40	995						995
CLARKE, Peter	Unattached - Keswick						995		995
KAUL, Rob		Vet 40						995	995
GORMAN, Paul	Bournville Harriers			994					994
MYATT, Robert	Unattached - Liverpool		994						994
PLUMRIDGE, Andrew	Unattached : Bingley						994		994

BUCKLAND, Justin	Unattached : Comberton	Vet 40					993		993
STARK, Jim	Unattached : Melrose	Vet50					993		993
SUDDER, David	Unattached : Shap	Vet 40	993						993
TOLLER, John	Unattached : Dundee				993				993
WRIGHT, Joff	Droitwich AC	Vet 40						993	993
DE SILVER, Christopher	Unattached		991						991
KAUSHAL, Jason	Unattached - Holmfirth	Vet40					991		991
KAVANAGH, Anthony	Arragon's Cumbrian Tri Club	Vet 40						991	991
BERRY, Simon	Unattached Durham		990						990
BRIERLEY, Ian	Unattached - Rossendale	Vet40					990		990
COYLE, James	Unattached : Kingswinford				990				990
FOULKES, Dan	unattached : Colwyn Bay							990	990
DUNSTER, Paul	Unattached : peterlee	Vet 40						989	989
OWEN, Rob	Unattached : Millom					989			989
PATON-JONES, Andrew	Unattached - Warrington				989				989
AVERILL, Steven	Unattached : Nottingham	Vet 50						988	988
ELLIS, Richard	Unattached : Whitehaven				988				988
TAYLOR, Paul	Unattached - Carnforth		988						988
FLANNAGAN, Mark	Unattached - Preston						987		987
ASHTON, Carl	Unattached - Warrington	Vet 40			986				986
BLACKBURN, Chris	Unattached : Lytham St		986						986
CARSON, Kris	Unattached : Egremont					986			986
HOLME, David	Unattached : Leighton Buzzard	Vet 40					986		986
Clements, Stephen		Vet50					985		985
DONE, Martin	Unattached - Glossop	Vet 50			984				984
MAY, Neil	City of Hull AC	Vet 50	984						984
WILSON, Paul	Unattached Durham	Vet 50	983						983
ARMSTRONG, Mark	Unattached - Bolton				982				982
CARR, Darren	Unattached : Grange-Over-		982						982
JARDIN, David	Elswick Harriers	Vet 40						982	982
EWEN, Thomas	ua Stocksfield					981			981
INGRAM, Simon	Unattached - Manchester						981		981
LEE, Adam	Unattached - London							981	981
LEYLAND, Lee	Unattached - Manchester	Vet 40			981				981
BELL, James	Unattached				980				980
ZWOLINSKI, Andy	Unattached	Vet 40						980	980
DEGG, Andrew	Unattached - Manchester		979						979
ENGLISH, David	Unattached - Sheffield	Vet50					979		979
AINSWORTH, Luke	Unattached : Salford				978				978
LEAVER, Andrew	Unattached - Manchester	Vet 40	978						978
VARLEY, Nick	Tyne Bridge Harriers	Vet 40						978	978
ELLIS, John	Unattached Durham	Vet 40						977	977
PILLING, Robert	Unattached		977						977
HOPKINS, Lee	Ackworth Road Runners	Vet 40						976	976
LEWIS, Charlie	Unattached - London							976	976
WEAVING, Peter	Unattached - Carlisle	Vet 50			976				976
CARR, Stephen	Unattached - Manchester	Vet 50			975				975
GREEN, Tom		NDB						975	975
PEACH, Alex	Unattached - Carnforth					975			975
SLATER, Paul	Unattached	Vet40					975		975
ESDAILLE, Hosea	Unattached - Manchester							974	974
GREGSON, Craig	Tri Preston				974				974
BLADES, Robert	Unattached : Burntwood							973	973
HUNG, Yvonne	Unattached - Manchester						973		973
JENKINS, Paul	Unattached - Wigan	Vet 40						973	973
SEYMOR, Robin	Unattached : Prestwich		973						973
BUTLER, Stephen	Unattached Durham							972	972
CHISHOLM, Hugh	Unattached - Kendal				972				972
COWELL, Damian	Warrington RC	Vet 40						972	972
DAVIDSON, Philip	Red Rose Road Runners	Vet 50	972						972
LEES, Robin	Unattached - Ambleside	Vet 60	971						971

PRICE-JONES, Clwyd	Unattached - Penrith	Vet 50					971		971
GELDER, Kevin	Unattached : Cleckheaton	Vet50					970		970
SAXBY, Lance	Unattached - Harrogate	Vet 40			970				970
SHELL, Andrew	Alnwick Harriers						970		970
WILKINSON, Donald	Southport Waterloo AC	Vet 50	970						970
ANDERSON, Neil	Unattached : Chester	Vet 40			969				969
DAVIES, Guy	HRG				969				969
JOHNSON, Mark	Sweatshop running commu						969		969
TILSLEY, Steve	Ashbourne RC	Vet 50						969	969
BENSON, Joe	ua Beamish				967				967
Curry, Michael							967		967
HEATON, Stephen	Tri Team Wigan	Vet 40			966				966
NICHOLSON, Gareth	Unattached : Windermere				966				966
FINN, Paul	Unattached : High Peak	Vet 50					964		964
KAISER, Michel	World Fisheries Congress	Vet 40						964	964
MATHAI, Oliver	Unattached - London	Vet 60			964				964
PATTEN, Michael	Preston Harriers						964		964
HULME, Benjamin	Unattached - Preston	Vet 40					963		963
EBENS, Hans	Unnatched Netherlands	Vet 50	962						962
FIELDS, Richard	Unattached - Salisbury				962				962
MICHAELIS, Charlie	Unattached : Stratford-upon	Vet50			962				962
TOMLINSON, Daniel	Fleetwood RC							962	962
CAMERON, James	Unattached : Carlisle							961	961
GODFREY, Stephen	Unattached : Ackworth	Vet 50	961						961
SWEENEY, Derek	Unattached - Bowness	Vet 50			961				961
EDWARDS, David	Unattached : Scunthorpe				960				960
JOLLY, Aidan	Unattached : Mossley	Vet 50	960						960
KNIGHT, Howard	Unattached	Vet 40	959						959
FINCH, Simon	Swinton Running Club	Vet 40			958				958
CASSON, Mathew	Unattached - Liverpool					957			957
LEWCOCK, Guy	Unattached : Whitley Bay						957		957
COOK, Alan	Unattached	Vet 50			956				956
LANE, Jason	Unattached - Preston	Vet 40					956		956
CROPPER, Alistair	Unattached : Scunthorpe	Vet 50			955				955
VINCENT, Anthony	Unattached - Wigan	Vet 50				955			955
LOWE, Geoff	Charlbury Cricket Club	Vet 50						954	954
MASHHOURI, James	DUFFA Runners					954			954
STATHAM, Andrew	Unattached - Manchester	Vet 40					954		954
STEWART, Ian	Unattached : Poole	Vet 40				954			954
TIPPIN, Frank	Unattached - Southport	Vet 50			954				954
DAVIS, Jeremy	Unattached - Wakefield					953			953
MARSHALL, Peter	Unattached - Bristol	Vet 40			953				953
MATTHEWS, Tim	Abbey Combat Crew	Vet 50	953						953
WINN, Paul	Holmfirth Harriers	Vet 60					953		953
GAMBERINI, David	Rocktart Runners					952			952
MURPHY, Paddy	Unattached : Chorley							952	952
REAST, Jon	Nidd Valley Road Runners	Vet 40	952						952
DODD ADKINS, Monty	Unattached - Holmfirth	Vet 40			951				951
ROBERTS, Matthew	Unattached - Lancaster						951		951
CAMERON, Ian	Unattached - Fleetwood	Vet 50						950	950
LAWRENCE, Philip	Asics		950						950
HAWKINS, Graham	Motherwell AC	Vet 40			949				949
WILSON, Iain	DS						949		949
POLLITT, David	Unattached - Manchester		948						948

BARRETT, Peter	Birstall Running Club	Vet 60	947						947
GILBOY, Michael	ua North Shields							947	947
HOGARTH, Michael	Unattached	Vet 50						947	947
DOWNEY, Mike	Unattached - Kendal		945						945
HILL, Robin	ua Launceston			944					944
JONES, Andrew	Unattached	Vet 50	944						944
JOHNSTON, Michael	ua North Shields							942	942
SUBACHUS, Tony	Unattached : Middleton		942						942
CHARD, Abigail	Unattached - Halifax	Vet 40		941					941
MARRISON, Paul	Unattached : Alfreton	Vet 40						941	941
PATON, Mike	ua bagshot	Vet 40	941						941
CRELIN, Ryan	Unattached : Frizington							940	940
PARRY, John	Unattached : Grange-Over-Sands		940						940
KINLOCHAN, Jamie	Unattached - Glasgow		939						939
MOORE, Michael	Unattached : Ulverston	Vet 50						939	939
WHITE, Martin	Unattached - Carlisle	Vet 50		939					939
FEAVERS, Jason	Unattached : York	Vet 40		938					938
WILLIAMS, Roger	Unattached - Manchester				938				938
VONBERG, Tom	Unattached : York				937				937
WARING, Stuart	Unattached - Blackburn			937					937
CORFE, Bernard	Unattached - Stockport	Vet 40						936	936
FRODSHAM, Jonny	Unattached - Glossop	Vet 40						936	936
WALKER, Malcolm	Unattached Durham	Vet 40		935					935
WOOD, David	Manchester Harriers	Vet 50	935						935
BROWN, Jason	Unattached - Carnforth	Vet 40						934	934
CONAGHAN, Mel	Unattached : Leeds	Vet 40		934					934
JONES, Melvyn	Swinton Running Club	Vet 60	934						934
SANDS, Andrew	Unattached - Cokermouth		933						933
MILNES, Ben	Unattached - London							932	932
BARTLETT, Richard	Unattached : N Ferriby	Vet 60	931						931
DUFFY, Derek	Unattached : Canterbury	Vet 40			931				931
HITCHIN, Andy	Unattached - Warrington	Vet 50						931	931
BEAUMONT, Scott	Unattached Darlington		930						930
SPIRITO, Martin		Vet 50			930				930
FURPHY, Chris	Unattached - Guisborough	Vet 50	929						929
GOODWIN, Steve	ua Cleethorpes	Vet 40						929	929
ROE, Mike	Unattached : Sale	Vet 50		929					929
HILL, Phil	Roundhay Runners	Vet 50	928						928
MCIVOR, Steven	Unattached - Newcastle				928				928
WHITEHEAD, Andrew	Unattached - Carnforth	Vet 40						928	928
COTTRELL, Robert	Unattached - Wigan	Vet 40			927				927
LOGIE, Scott	ua Nantwich	Vet 40	927						927
PERRY, Johnathan	Unattached : Conwy	Vet 40		927					927
JOHNSON, Dickie	Krav Maga Cumbria	Vet 40	926						926
STOUT, John	Unattached	Vet 60		926					926
HIRST, Justin	Unattached - Hyde	Vet 40						925	925
SHORROCK, Paul	Unattached - Wakefield			925					925
HAMDEN, Muhammad	Unattached - Lancaster			924					924
JOHNSON, Jim	Unattached - Sheffield	Vet 40						924	924
CRAWSHAW, Tom	unattached : Cirencester	Vet 40						923	923
SHAW, Mark	Unattached : Audenshaw	Vet 40	923						923
BLAKEY, Lee	Unattached : Ulverston			922					922
JONES, Matt	Unattached - Preston		922						922

WHALLEY, Ian	Unattached - Huddersfield				922				922
GLASSFORD, Adam`	Unattached - Harrogate	Vet 40					921		921
MAYO SMITH, Steve	Birstall Running Club	Vet 40	921						921
SMART, Chris	Unattached - Halifax				921				921
HASHMI, Imran	Unattached - Newcastle	Vet 40			920				920
IRVING, Francis	Team Good Gym		920						920
KENDAL, Kev	Howgill Harriers	Vet 40			919				919
URWIN-MCCOWIE, Daniel	Longsands Lunatics				919				919
BECKETT, Steve	Unattached Durham	Vet 50	918						918
BIDE, John	UK Net Runner	Vet50					918		918
BIDWELL, Clement	Unattached - Manchester						918		918
CHAPMAN, Dave	Unattached : Ulverston				918				918
BANCROFT, Paul	Unattached - Preston	Vet 50			917				917
MANLEY, Matthew	Roundhay Runners						916		916
TARLING, Steven	Chorlton Runners		915						915
BROOK, Simon	Fitness First	Vet 40					914		914
MACKARE, David	Unattached - Southport				914				914
CHADWICK, Alastair	Unattached : Telford	Vet 50			913				913
LIPTROTT, Mark	Unattached - Ormskirk	Vet 40					913		913
OXLEY, Craig	Unattached : Doncaster		912						912
RUSSELL, Helen	Unattached : Oldham	Vet 40			912				912
BELL, Stuart	Kendal AC	Vet 50			911				911
GANNON, Stephen	Unattached - Liverpool	Vet 40			911				911
JUMP, Keith	Saltaire Striders	Vet 60	911						911
TULLY, Christopher	Unattached : Waterloo				911				911
SMETHURST, Oliver	Unattached - Warrington	Vet 40	910						910
ALECOCK, Stephen	Unattached : Carlisle	Vet 40			909				909
MCDOWALL, Ian	Unattached : Linlithgow	Vet 50					909		909
TAYLOR, Mark	Unattached - Manchester	Vet 50	909						909
BONE, James	Unattached - Kendal				908				908
CATTERMOLE, Sohie	Unattached - Kendal		907						907
DOUGLAS, Rob	Unattached : Delph	Vet 40					907		907
O'SULLIVAN, David	Unattached : Leicester	Vet 50			907				907
PEARSON, Adam	Unattached - Manchester				907				907
AITCHISON, Simon	Unattached : Sowerby				905				905
CONDON, Matt	Unattached : Audenshaw		905						905
WHITMORE, Richie	Castlegreen Academy	Vet 40					905		905
BOOTH, Rob	Unattached						902		902
HALL, David	North Highland Harriers	Vet 50	902						902
SWIFT, Ian	Unattached : Salford						901		901
BOWDLER, Stuart	Unattached - Preston	Vet 40					900		900
CROSTHWAITE, David	Unattached - Cheshire	Vet 50	900						900
GYTE, Dan	Unattached - Carlisle				900				900
SCORER, Andy	Unattached Durham	Vet 40			898				898
DAWSON, Andrew	ua Cleethorpes	Vet 40					897		897
SAUNDERS, Tristan	Unattached : Stoke On Trent				897				897
BROOKES, Richard	Unattached - Kendal	Vet 60					896		896
BULMER, Danny	Team Grassbanks				896				896
WOODLEY, Laurie	Tattenshall Runner	Vet 70			895				895
DUDLEY, Peter	Unattached - Preston	Vet 50	894						894
COUPE, Stan	Unattached - Preston	Vet 50	893						893
CARSWELL, Thomas	Unattached : Broughton in Furness		892						892
JUKES, Karl	Roundhay Runners						892		892

