

Lakeland Trails in Helvellyn & Ullswater - Wet Weather Update

Only two days to go before the Dirty Double weekend in Glenridding on Saturday 13th & Sunday 14th October. With the weekend forecast of heavy and persistent rain, unfortunately we've had to action our wet weather car parking plan. There will be NO EVENT PARKING at King George V Field and we have arranged a free Park and Ride instead.

Please keep checking the event website for any last minute information and make sure you bring suitable clothing on both days (and check the compulsory kit list for Ullswater)

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Wet Weather Car Park & Ride

We have set up a free Park & Ride from **Penrith Railway Station CA11 7JQ** using a fleet of private coaches to get you to the venue at Glenridding for both Saturday and Sunday. Please first use the available [public car parking in Penrith](#), or even use the train or public transport to get to Penrith Railway Station. This FREE service will be for competitors only, and the first shuttles will give priority to those taking part in the 10K and 5K morning events. Likewise, the later shuttles will give first priority to the Challenge competitors. Coaches will leave as soon as they are full. The journey to Glenridding will take 20-30 minutes, and we'll have a baggage storage facility available within the main marquee. There is a limited number of Pay & Display car parking in Glenridding for those bringing families and spectators. Alternatively, there are [scheduled bus services to Glenridding](#).

Saturday (Helvellyn Trail) : fleets of coaches will leave Penrith Railway Station at 08.30am, 10.00am and 11.00am, to correspond with the four events.

8th Lakeland Trails in Helvellyn

Saturday 14th October

10km Helvellyn Trail Run (start 11.00am)

5km Helvellyn Sport Trail (start 11.15am)

15km Helvellyn Trail Challenge (start 13.00pm)

15km Helvellyn Trail Race (start 14.00pm)

Jenkins Field, Glenridding, Lake District

10th Lakeland Trails in Ullswater

Sunday 15th October

9am Sailing : 10km Ullswater Trail

10.30am Sailing : 10km Ullswater Trail

10.30am Sailing : 14km Ullswater Trail

12pm Sailing : 14km Ullswater Trail

13.30pm Sailing : 14km Ullswater Trail

Jenkins Field, Glenridding, Lake District

News from inov-8

We can't believe that the last event in the epic Lakeland Trails series is here already. But what a way to go out with the brilliant 'Dirty Double'.

Remember on the Sunday that you need to carry kit as you head across the Lake on the steamer, so having a comfy pack is key. We have an award winning pack in the All Terrain Pro 0-15 (as used by our Norwegian ambassador Hallvard who [finished 4th at this year's UTMB](#)), plus many other great [packs of varying specifications](#).

We have just launched a new range of fantastic clothing that our designer Helen has been working on for what feels like ages. Did you know Helen designs all the female

Sunday (Ullswater Trail) : fleets of coaches will leave Penrith Railway Station at 07.30am, 08.30am, 09.30am and 10.00am to correspond with the four sailings.

Return coach transport will operate from Greenside Road (where you got dropped off) and again they will leave back to Penrith Railway Station when full with the last coach leaving at 4.30pm.

General information

As we're pretty much a paper free organisation, we don't post out information or race numbers. Everything is available from the [Helvellyn Race Day](#) and [Ullswater Race Day](#) pages of the event website.

Start Lists and Final Details have all been added and we'll also post any additional news on our [Facebook](#) page.

Registration - Main Marquee, Jenkins Field, Glenridding

Registration is open on Saturday from 08.45am, from the main marquee at the start/finish venue at Jenkins Field. Race numbers need to be collected beforehand and the registration will close 60 minutes before each event. On Sunday, the registration is open from 07.45am, and registration will close 60 minutes before each event.

Helvellyn Start Times (all start from Jenkins Field, Glenridding)

- 11.00am : 10km Helvellyn Trail Run
- 11.15am : 5km Helvellyn Sport Trail
- 12.45pm : Children's Fun Trails
- 13.00pm : 15km Helvellyn Trail Challenge
- 14.00pm : 15km Helvellyn Trail Race

Ullswater Sailing & Start Times

For Ullswater, for safety reasons there is a **COMPULSORY KIT LIST** of : cagoule, over trousers or

clothing first, then goes onto the men's range...?

Our [new clothing range](#) has some great updates and lovely new colours, all have been tested in the worst of conditions here in the Lakes, so we know it stands up to whatever weather is thrown at it.

Looking for footwear advice? As a shoe for both days, then we'd suggest one of the [ROCLITE](#) range of shoes, these shoes give great grip, on both technical rocky terrain, and softer muddier sections, plus are a comfy ride on the harder trail sections.

We are looking forward the finale of the year, do come and see us on the day, check out our demo shoes, and see what amazing offers [Pete Bland Sports](#) will have on the day.

#getagrip



On the Helvellyn Trail



On the Helvellyn Trail

tights, hat and gloves and these will be checked as you board the Ullswater Steamer and again when you finish. The sailings take around 30 minutes and each start sets off as soon as everyone has disembarked from the Steamer. We've adjusted the sailing times to avoid you having to wait too long at the pier - these are more realistic sailing times :

09.00am Sailing : 10km Ullswater Trail

10.30am Sailing : 10km Ullswater Trail

10.30am Sailing : 14km Ullswater Trail

12.00pm Sailing : 14km Ullswater Trail

13.30pm Sailing : 14km Ullswater Trail

14.30pm : Children's Fun Trails

NO entry on the day

The event has reached our entry limits and unfortunately we cannot accept entries on the day, or any further entry transfers.

Finishers Technical T Shirts - New Lady Fit Tees

We're delighted to have both men's and ladies' fit, specially designed, event technical T shirt mementos for all finishers.

FREE Photos

We've teamed up with professional sports photographers James Kirby and Graham Millington, and we'll have **FREE** photos for you to download from the event via our Facebook page.

Entertainments and Spectators

There is a wonderful start and finish arena, with MC and race commentary, perfect for spectators. Kids ***Fun Trails*** for the under 12's have entry on the day only. On Saturday, ***Boom Dang Samba Drumming Band*** will be performing at the start and finish, ***Singer/songwriter Pete Lashley*** will be performing for one hour from 15.30pm until the prize & spot prize giving at 16.30pm. On Sunday, Pete will be serenading you on the cruise to the start and again at the finish before the prize giving.



On the Ullswater Trail



On the Ullswater Trail

Event Partners



Header Image : On the Helvellyn Trail

Safety

The Helvellyn and Ullswater Trail events take place in a mountain environment and the safety of everyone is of paramount importance to us. The courses are well marked and marshalled, and no navigation or map reading is required. We have our own Advanced Life Support Medics in 4WD vehicles out on the course and event radio communication is provided.

Volunteers

If you are coming to the event and would like to help as a volunteer, please [get in touch](#) and we'll add you to our volunteer's list. This event requires over 100 marshals and stewards, and additional volunteers ensures the smooth running of the event, as well as help create a fantastic atmosphere for competitors.

We'll look forward to seeing you once again at Glenridding.

Yours in Sport,

The Lakeland Trails team



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