

RESULTS - 1st CONISTON CHALLENGE 2005 (Alphabetical order)

500	Jo Ashcroft	Kendal	1.45.42
499	Derek Aspinall	Total Fitness	2.00.04
498	Lucy Aspinall	Total Fitness	1.58.17
496	Duncan Ball	Stockport	2.11.10
418	Jindra Barden	Kendal	2.55.27
416	Trevor Bates	Total Fitness	1.32.24
421	Debbie Bell	Kendal	2.01.32
493	Catherine Bonnett	Barnard Castle Co Durham	1.46.47
492	Dorothy Brown	Hurst Green	2.14.52
375	Doug Brown	Wesham Road Runners	2.30.13
431	Sophie Brown	Menston, Leeds	1.41.38
378	Emma Burns		2.10.16
489	Andrew Calvert	Total Fitness	1.27.35
417	Jodie Cairns	Bolton	2.57.50
297	Liz Campbell	Settle Harriers	1.28.20
487	Sarah Chilton	Sheffield	1.52.33
311	Diana Clutton	Lostock AC, Bolton	2.01.16
485	Malcolm Cox	Heversham	1.28.57
419	Jo Downham	Kendal	1.32.07
479	Diane Ellison	Richmond	1.55.12
478	Pamela Farmer	Longridge, Preston	1.50.47
477	Belinda Fear	Windermere	1.45.42
476	George Flanagan	Preston	1.33.55
296	E M Garty	Menston, Leeds	2.09.27
422	Claire Gilham	Garstang	1.52.12
400	Alison Hadziabdic	Birkenhead AC	2.11.36
475	Brian Hamilton	Total Fitness	1.25.10
291	Victoria Harland	Stokesley	2.30.12
434	Heather Hill	Kendal	1.33.45
432	Sabine Hirst	Lancaster	1.46.34
471	Emma Jackson	Grange over Sands	2.55.27
470	Michael Jackson	Grange over Sands	2.55.27
429	Elaine James	Blackpool	
468	Philippa Jones	Windermere	1.52.33
467	Martin Kirkman	Cheshire	1.29.14
466	Nicola Kirkman	Cheshire	1.29.14

465	Sue Kuet	Reading	1.28.44
464	Anita Laidlaw	Cupar, Fife	1.34.00
430	Esther Logue	Todmorden	1.41.17
461	Dee McHale	Grange over Sands	2.55.27
460	Sally McGrath	Southampton	1.28.37
379	Helen Mitchell		1.59.22
456	Deb Murrel	Lancaster	1.50.59
455	Phil Nightingale	Peterborough, Cambs	1.25.15
454	Sue Oxley	Kendal	2.17.54
295	Ian Peters	Ulverston	1.52.03
292	Victoria Pigg	Middlesborough	1.51.50
452	Mary Pomfret	Blackburn	2.25.34
451	Lesley Postlethwaite	Kendal	2.17.55
450	Bill Quirk	Ormskirk	1.55.12
449	Matt Robinson	Total Fitness	1.17.17
446	Esther Sands	Far Sawrey	1.30.46
443	Jonathon Stevens	Kendal	1.59.03
442	Julie Taberner	Lytham St Anne's	1.46.33
441	Julie Tait	Total Fitness	1.38.54
440	John Thompson	Ulverston	2.55.27
439	Andrew Ward	Ulverston	1.27.47
290	Colette Whelan	Lancaster	1.49.37
294	Phil Wright	Coniston	1.17.25
438	Jenny White	Ulverston	1.38.54
437	Linda Williams	Ulverston	2.06.04
436	Robert Williams	Ulverston	2.06.47
435	Karen Wilson	Kendal	1.59.03
293	Jane Woodburn	Ormskirk	1.49.23